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**Water-filtered Infrared
Fever-Range Whole-Body Hyperthermia (FR WBH)
in Oncology and other indications**

2015

Technology and Treatment Levels

HISTORY

Dr. med.
Martin Heckel

1926 - 2007



1961



1965



1982

Local Hyperthermia

Technic	Target
<p>Superficial hyperthermia</p> <ul style="list-style-type: none">• Infrared (water-filtered)• Microwaves	<p>Skin tumor</p> <p>Superficial lesions (e.g. breast wall recurrence)</p>
<p>Loco-regional deep hyperthermia</p> <ul style="list-style-type: none">• Capacitive field (“Electro-Hyperthermia”)• Microwaves antenna	<p>Local tumor control, mostly in combination with radio- or chemotherapy</p>
<p>Intraperitoneal hyperthermic perfusion with chemotherapy</p>	<ul style="list-style-type: none">• e.g. dissiminated ovarian cancer, bladder cancer
<p>Interstitial hyperthermia</p> <ul style="list-style-type: none">• Invasive implantation of antenna• Magnetic liquids	<ul style="list-style-type: none">• Direct destruction of local limited tumors

**locoregional
hyperthermia**

Deep-seated tumor tissue
is heated directly

Blood flow is the cooler

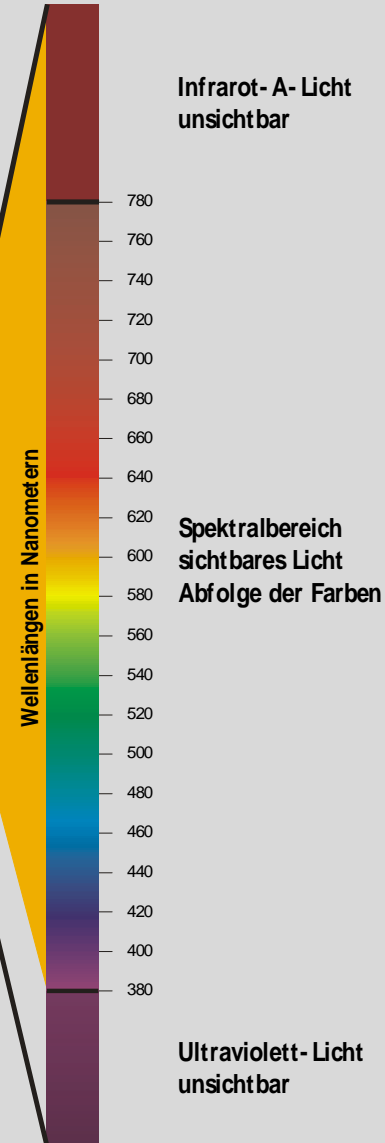
**whole-body hyperthermia
by wIRA**

Deep-seated tumor tissue
is not heated directly

Blood flow is the heater

Wellness	Medical use
Water, steam, IR-C	IR-A
Classical Sauna, IR-Sauna Steam room	Hyperthermia device
Short term application without considerable increase of core temperature	Long term application with considerable and controlled elevation of core temperature
Training of thermoregulatory reaction	Artificial fever temperatures

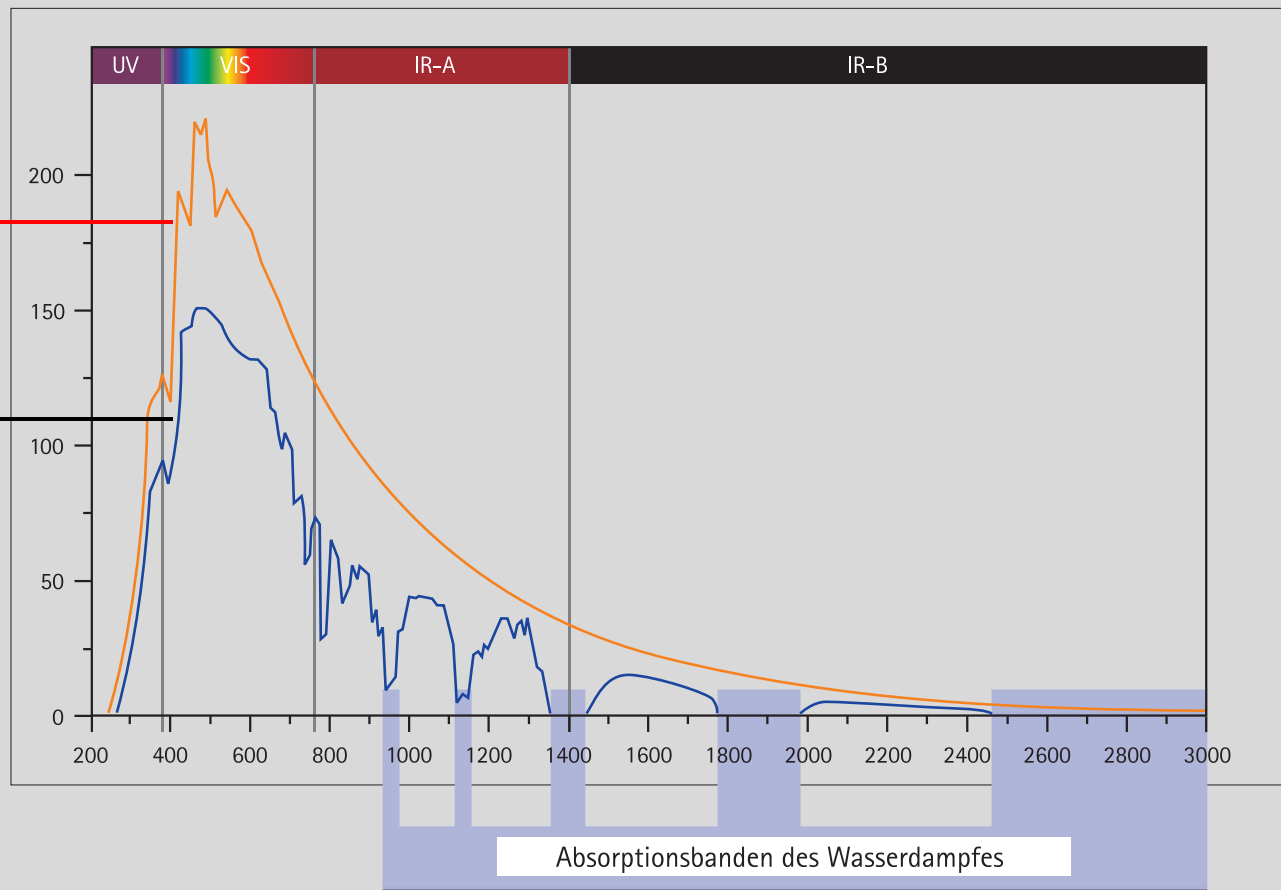
Bezeichnung	Wellenlänge	Oberbegriff
Mikro- u. Radiowellen	1 mm - 10 ¹ m	elektrische Wellen
Infrarot-C	3000 nm-1 mm	optische
Infrarot-B	1400-3000 nm	
Infrarot- A	760- 1400 nm	Spektrum PhotoDyn 501
sichtbares Licht	380- 760 nm	
Ultraviolett A, B, C	100-380 nm	Strahlung
Grenzstrahlung	1- 100 nm	Röntgen- Strahlung
Röntgen-Strahlen	10 ⁻¹¹ - 10 ⁻⁸ m	
Gammastrahlung	10 ⁻¹⁶ - 10 ⁻¹³ m	natürliche und künstliche atomare Strahlung
Kosmische Strahlung		



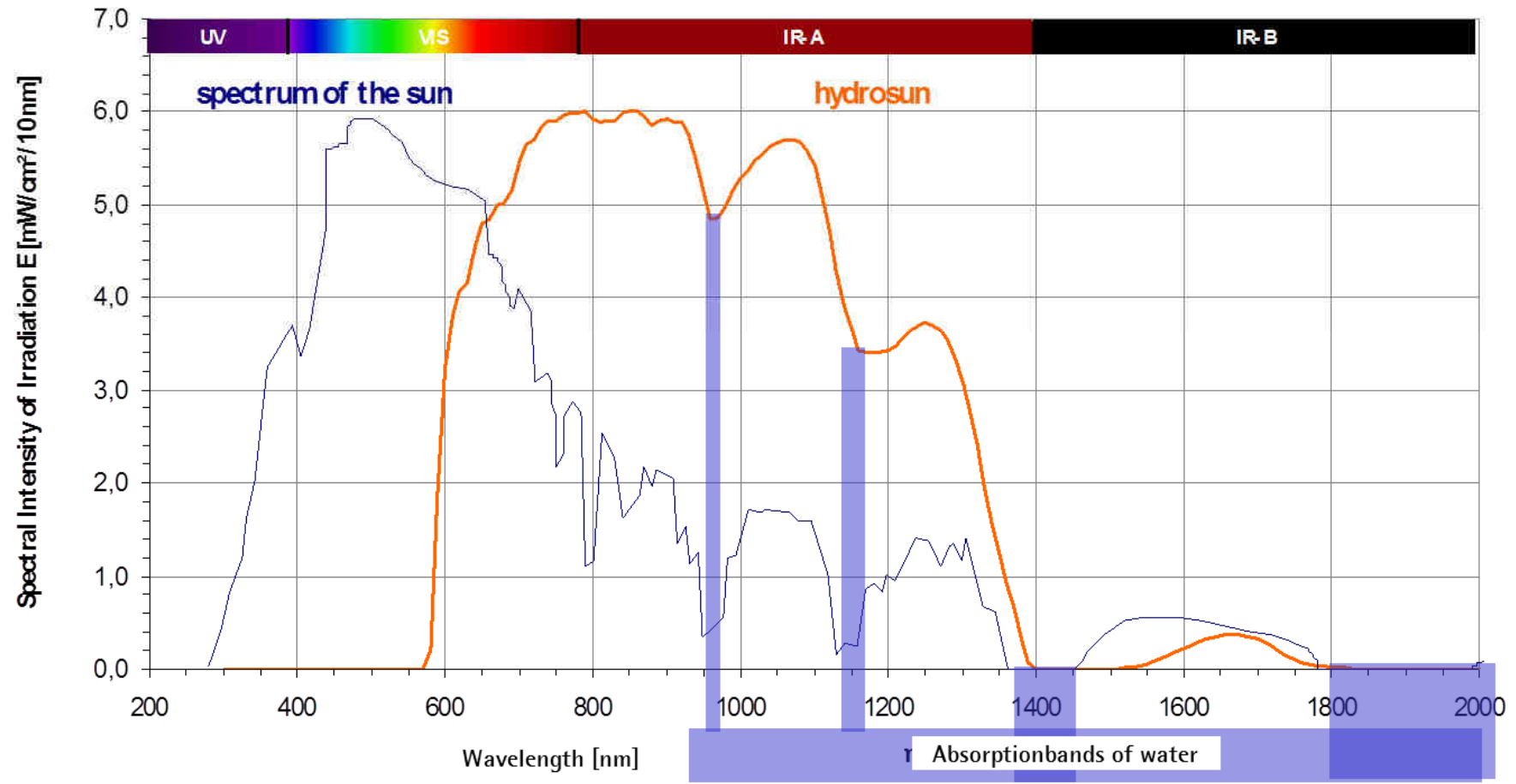
Visible light
and IR-A,
no UV !

Sun radiation outside of the atmosphere

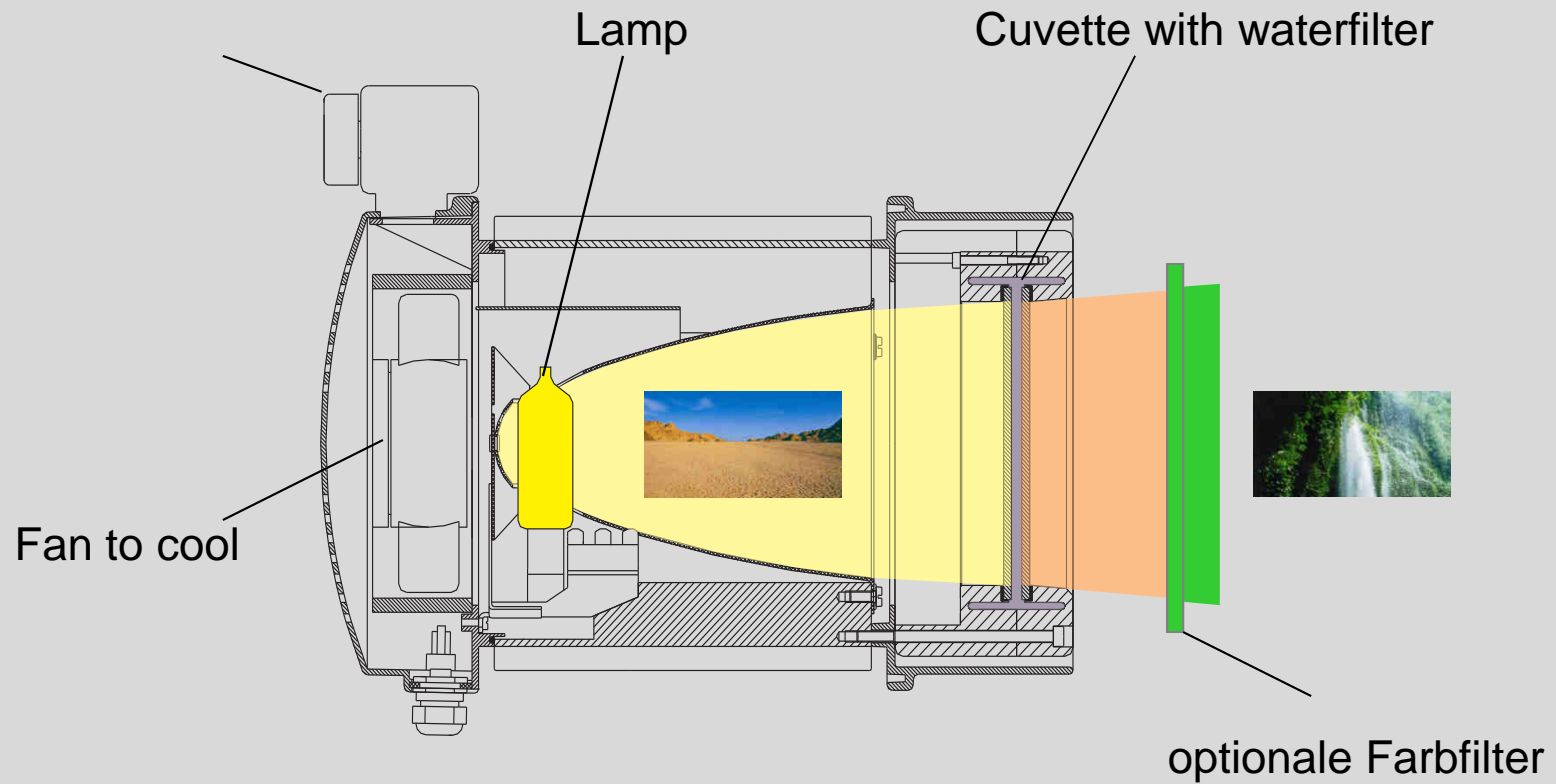
Sun radiation filtered by humid atmosphere



The Absorptionbands of water and hydrosun[®]



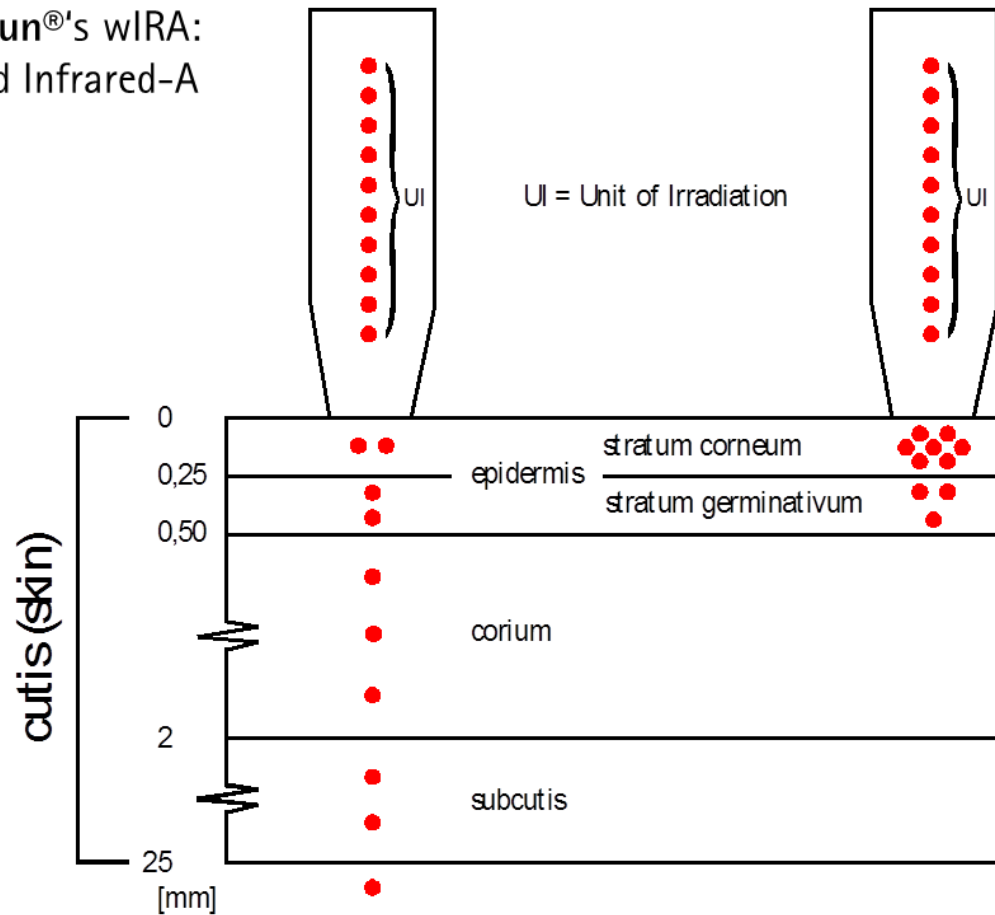
The technics of wIRA-radiation:



Depth of Penetration of Infrared Radiation

hydrosun®'s wIRA:
filtered Infrared-A

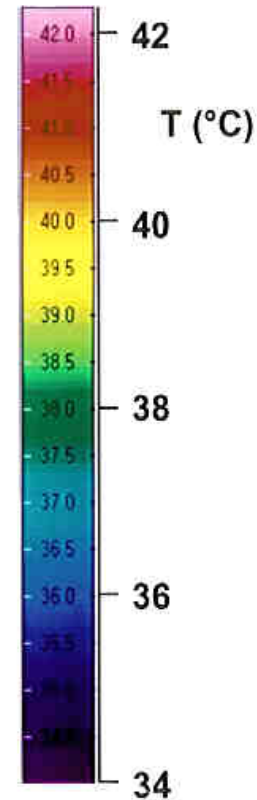
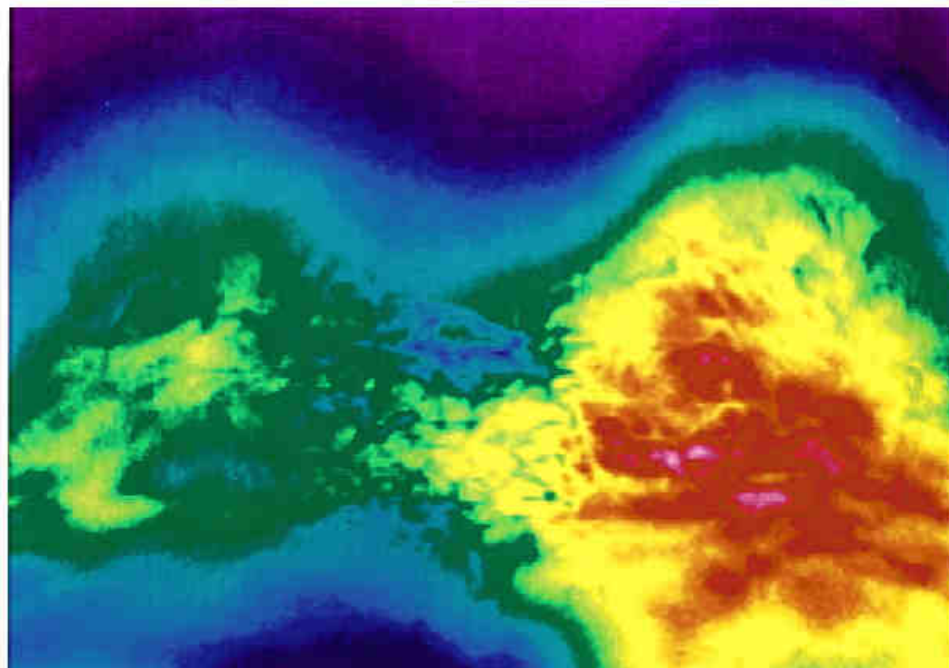
Infrared-B and -C
essential part of
conventional
infrared lamps



Temperatur distribution on the skin

wIRA

conventional



hot ⇒ pain

warm ⇒ agreeable

body core temperature

Nach P. Vaupel, J. Rzeznik, E. Stofft: Wassergefilterte Infrarot-A-Strahlung versus konventionelle Infrarotstrahlung...; Physikalische Medizin, Heft 3, Juni 1995, S. 77-81

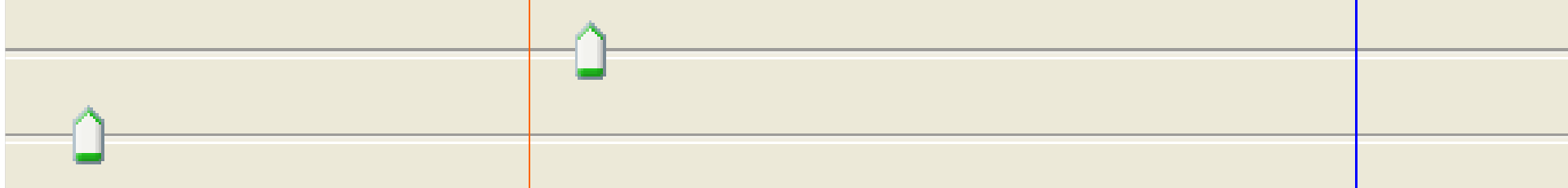
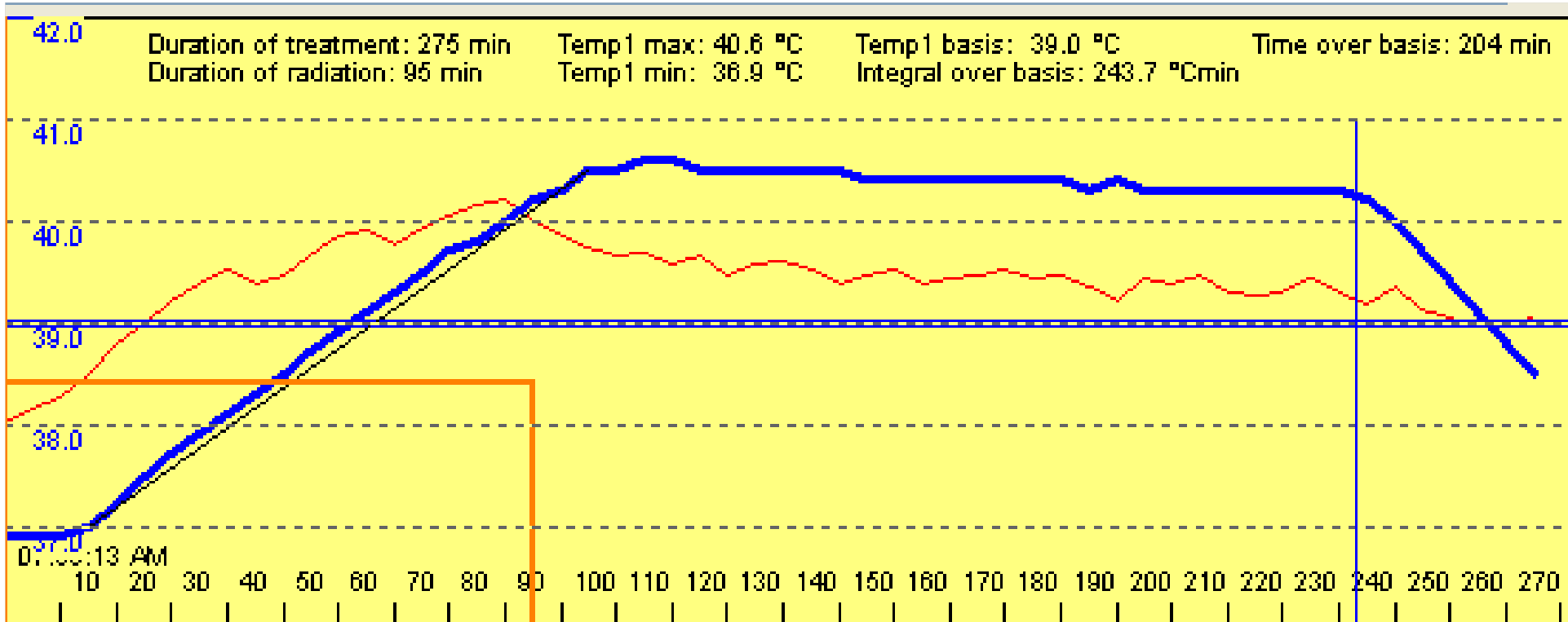
	mild WBH		fever-range WBH		extreme WBH	
target temperature core temp, T(rectal)	< 38,5 °C ^{x)}		Beginning stress	38,5 °C - 40,5 °C ^{x)}		> 40,5 °C ^{x)}
			Beginning sedation		intermediate	extrem
Duration of application inside the indicated temperature range	short	long	short	long	<41,5<	
	< 30 min	> 30 min	< 4 h	> 4 h	> 1 h	
Patient's stress	sweating, no thermoregulatory stress	sweating, no thermoregulatory stress	thermoregulatory stress, personal assistance, weak sedation if necessary	thermoregulatory stress, sedation necessary	deep intravenous or general anesthesia	
	without assistance, home use possible	assistance by a nurse	assistance by a nurse supervision by a doctor	assistance by a nurse supervision by a doctor	intensive care supervision by a doctor	
Monitoring and supervision		parameter (minimum): T(axillary, sublingual, tymp.)	parameter (minimum): T(rectal), T(axill, subl, tymp) pulse rate	parameter (minimum): T(rectal), blood pressure ECG, pulse oximetry		
			chronic inflammation, rheumatology, dermatology, environmental medicine, oncology	oncology	oncology	
Indications (selected)	relaxation, wellness	rehabilitation, physiotherapy, orthopedics				

at home

big differences in individual patients

at ICU





FebroData - Pt # A17; N, C (01/02/1964, 43 years old); Tx # 1.1 12/04/2007

Patient Dataset View Statistics Window Report ?

ICD A T D S L M B RT RZ

Pt # A17; N, C (01/02/1964, 43 years old); Tx # 1.1 12/04/2007

Select view



Calculated values

Gradient

Temp 1 Gradient: 2.0 °C/h
Temp 2 Gradient: 0 °C/h

Current values

Temp1 °C

Puls /min

SpO2 %

Type of measurement

Temp 1 rectal F11

Temp 2 F11

Indwelling catheter Preliminary heating

Head outside position

O2-Application: 0.0 l/min

Start

Serial interfaces

Query interval

5 min

Radiators

Medication Total dose

hide

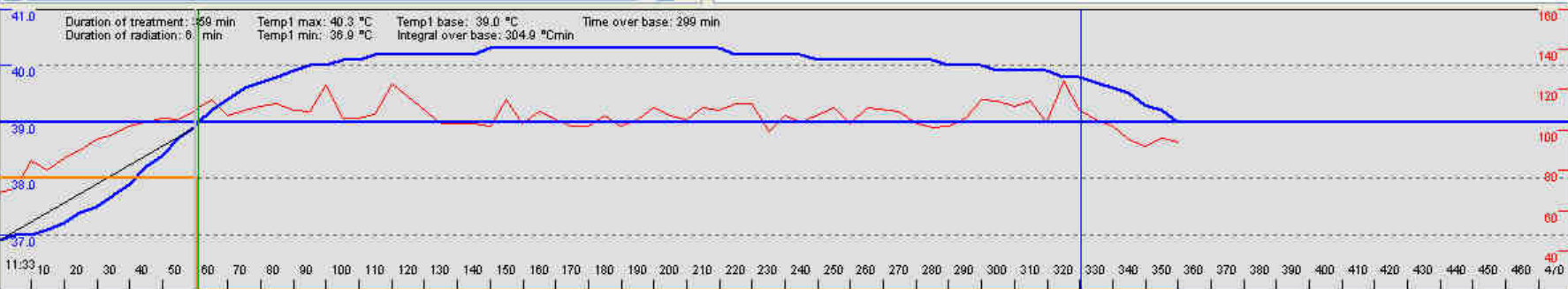
Time	Minu...	Radi...	Pulse	Temp1	Sys	Dia	Resp	SpO2	Temp2
12:28:19	54	4	105	38.7	125	59	19	93	
12:23:18	49	4	106	38.4			17	95	
12:18:17	44	4	104	38.2			18	95	
12:13:16	39	4	102	37.9			19	93	
12:08:15	34	4	98	37.7			17	93	
12:03:14	29	4	95	37.5			17	94	
11:58:19	24	4	90	37.4			20	95	
11:53:18	19	4	86	37.2			23	94	
11:48:17	14	4	80	37.1			15	95	
11:43:16	9	4	85	37.0			9	97	
11:38:15	4	4	71	37.0			10	97	
11:33:20	0	4	69	36.9	111	65	9	99	

Time	Group	T...	Medicine	M.D...	M.Unit	Infusion	I.D...	I.Unit	Bolus	B.Dose	B.Un
11:03:32		Inf				NaCl	1000	ml			

Event

hide

Time	Name
12:34:20	Begin of heat retention
15:23:40	Change to side position
17:03:42	End of heat retention



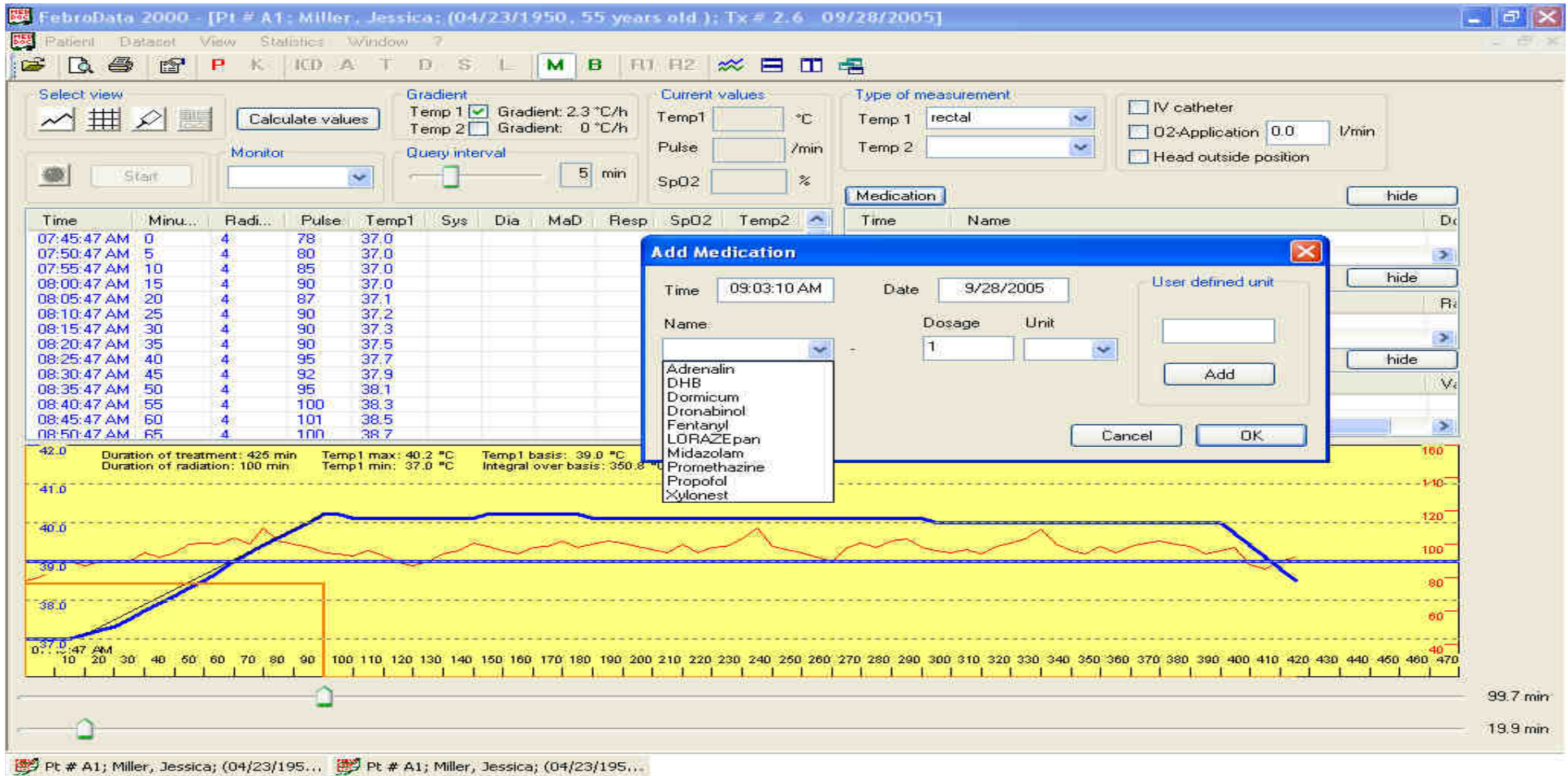
59.6 min

0.0 min

Pt # A17; N, C (01/02/1964, 43 ye...

disposed





Good software documentation should be applied to analyse and improve treatments

Basic research of FR WBH

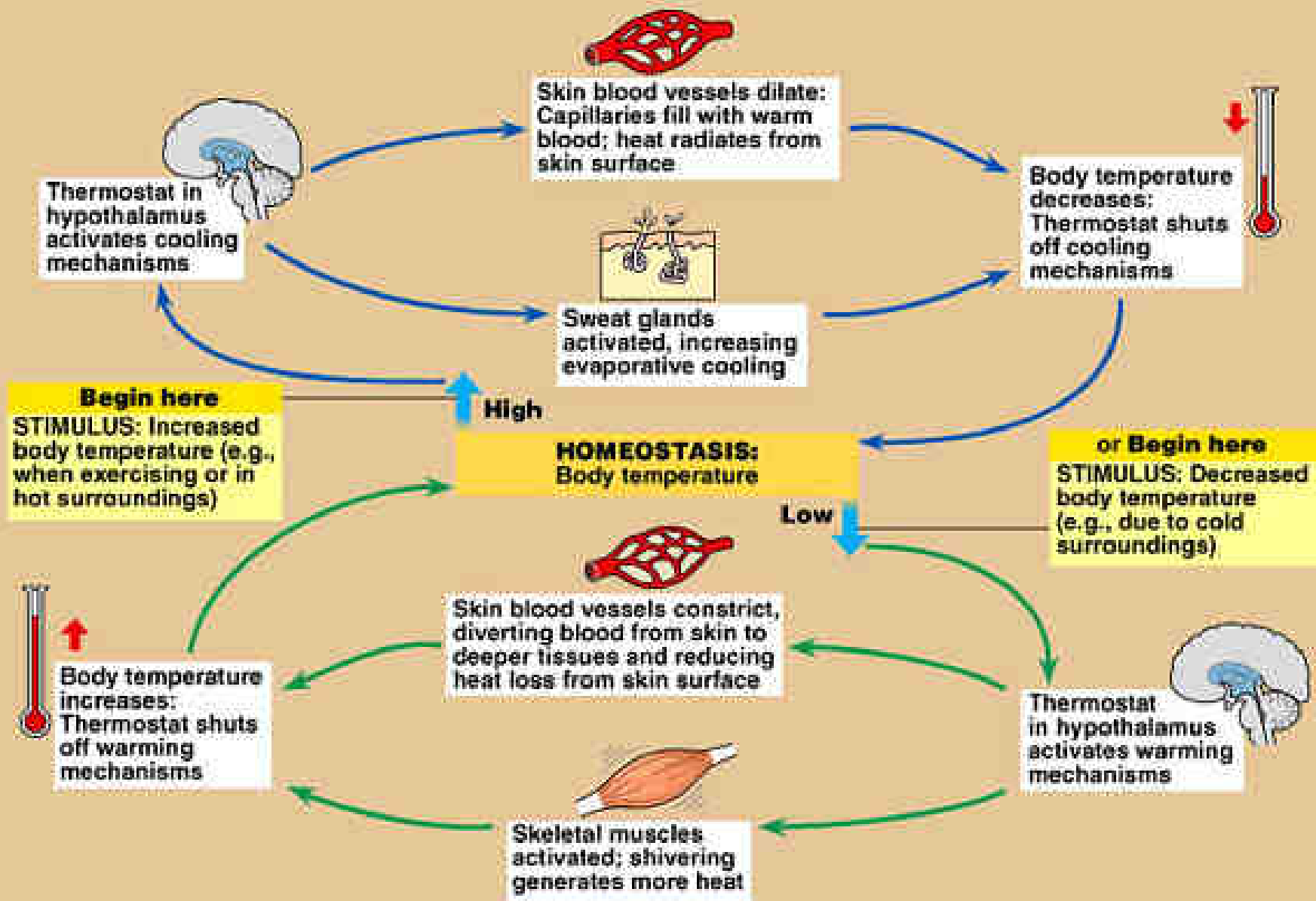
FR WBH:

no thermal cell killing effect !

but at least 2 overlapping mechanisms
which can aid in cancer therapy:

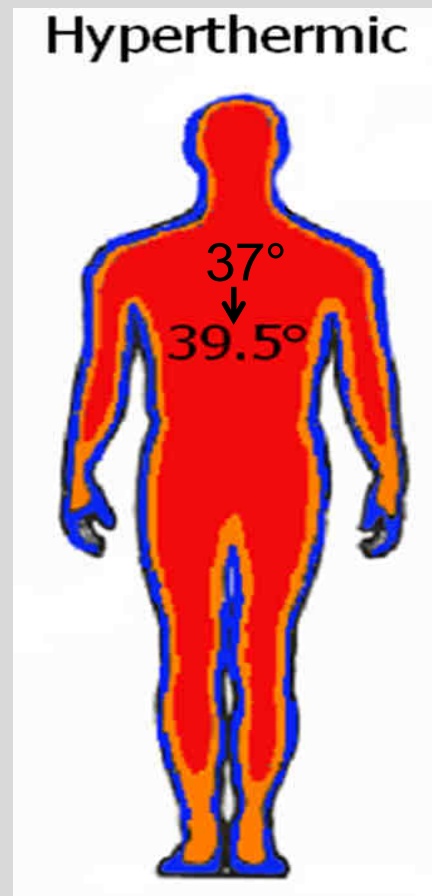
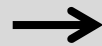
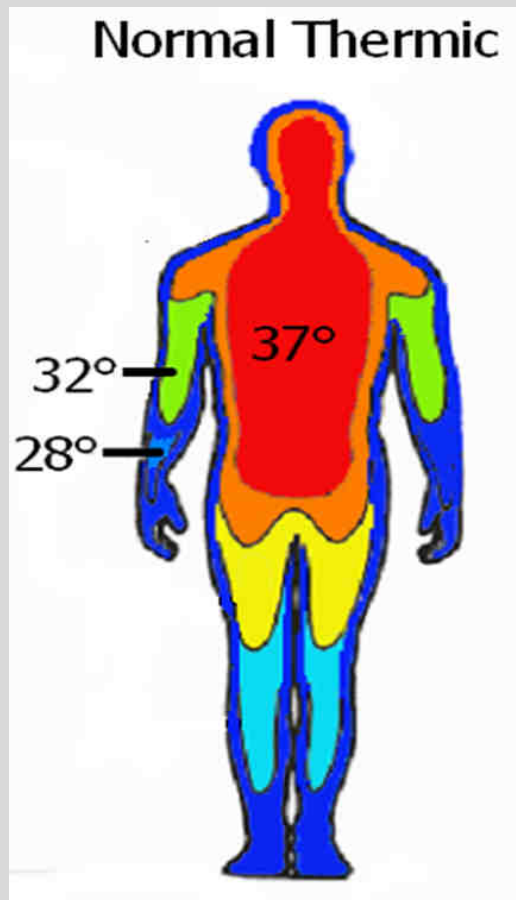
Blood flow changes

Immunological changes



Range of “normothermic” temperatures in the body

These gradients are *actively* maintained by thermoregulatory control mechanisms.



In the beginning of a WBH treatment the rectal temperature does not change for 15–30 min.

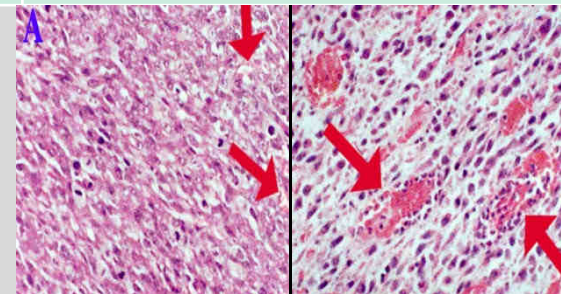
1. Heating of the shell
2. Elevation of the core temperature

Mountcastle, 1963

Hanson, 1984

	Healthy tissue	Tumor tissue
Before FR WBH	normal	reduced
During FR WBH	increased	increased
After FR WBH	normal	Increased (till 2 days after WBH !)

Maybe only in body periphery ?



Enlargement of tumor blood vessels after 8 hr of whole body hyperthermia (WBH). Colon 26 tumors from a mouse not treated shows normal blood vessels (arrows) and from a mouse treated with with 8 hr of WBH shoes enlarged blood vessels (arrows). Two week after WBH, tumors were removed...

Burd R. et al. J Cell Physiol 177:137-147 (1998)

Increased perfusion

- ⇒ increased oxygenation of tumor tissue
- ⇒ decreased Interstitial Fluid Pressure
- ⇒ increased efficacy of radiotherapy

Published OnlineFirst April 21, 2011; DOI:10.1158/0008-5472.CAN-10-4482

Molecular and Cellular Pathobiology

Cancer
Research

Mild Elevation of Body Temperature Reduces Tumor Interstitial Fluid Pressure and Hypoxia and Enhances Efficacy of Radiotherapy in Murine Tumor Models

Arindam Sen¹, Maegan L. Capitano¹, Joseph A. Sperryak², John T. Schueckler¹, Seneca Thomas¹, Anurag K. Singh³, Sharon S. Evans¹, Bonnie L. Hylander¹, and Elizabeth A. Repasky¹

- ⇒ counteracting the immunosuppressive effect of hypoxia

Int. J. Hyperthermia, May 2010; 26(3): 232–246

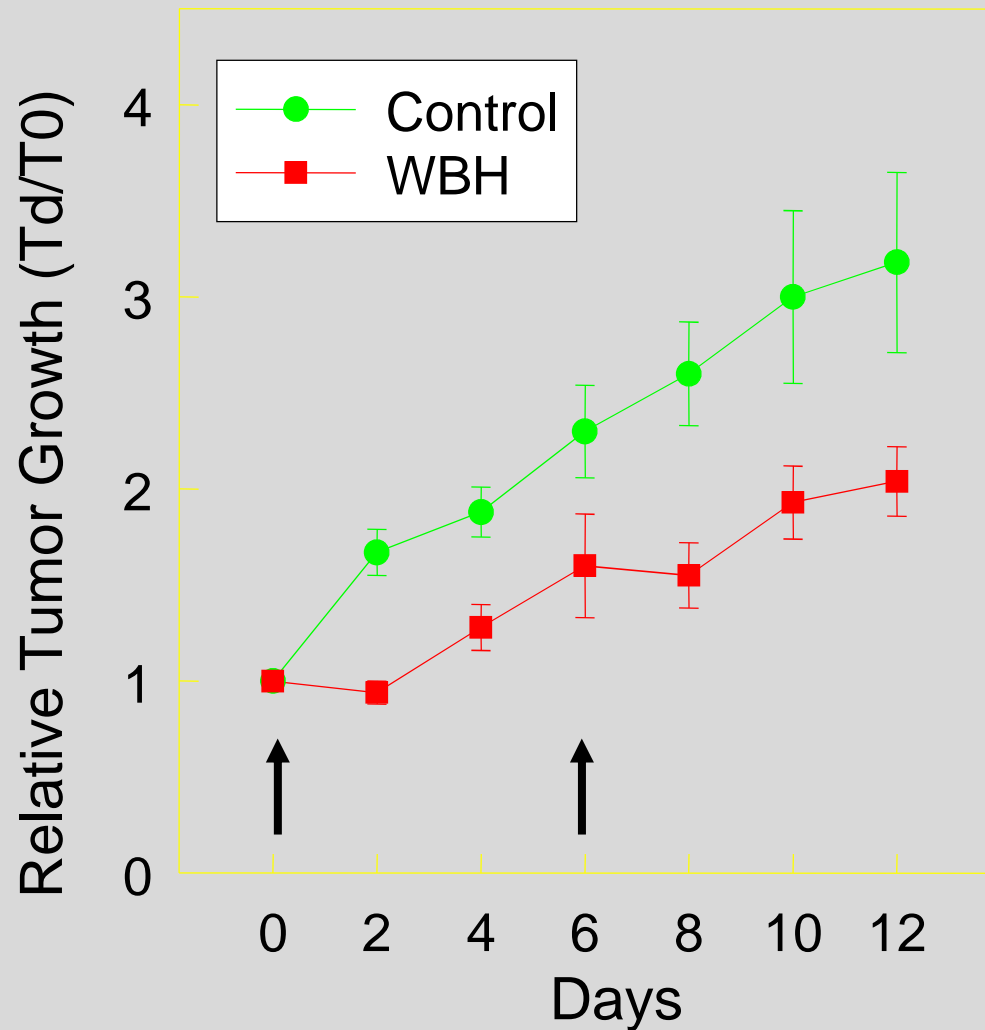
informa
healthcare

Hypoxia-driven immunosuppression: A new reason to use thermal therapy in the treatment of cancer?

CHEN-TING LEE, THOMAS MACE, & ELIZABETH A. REPASKY

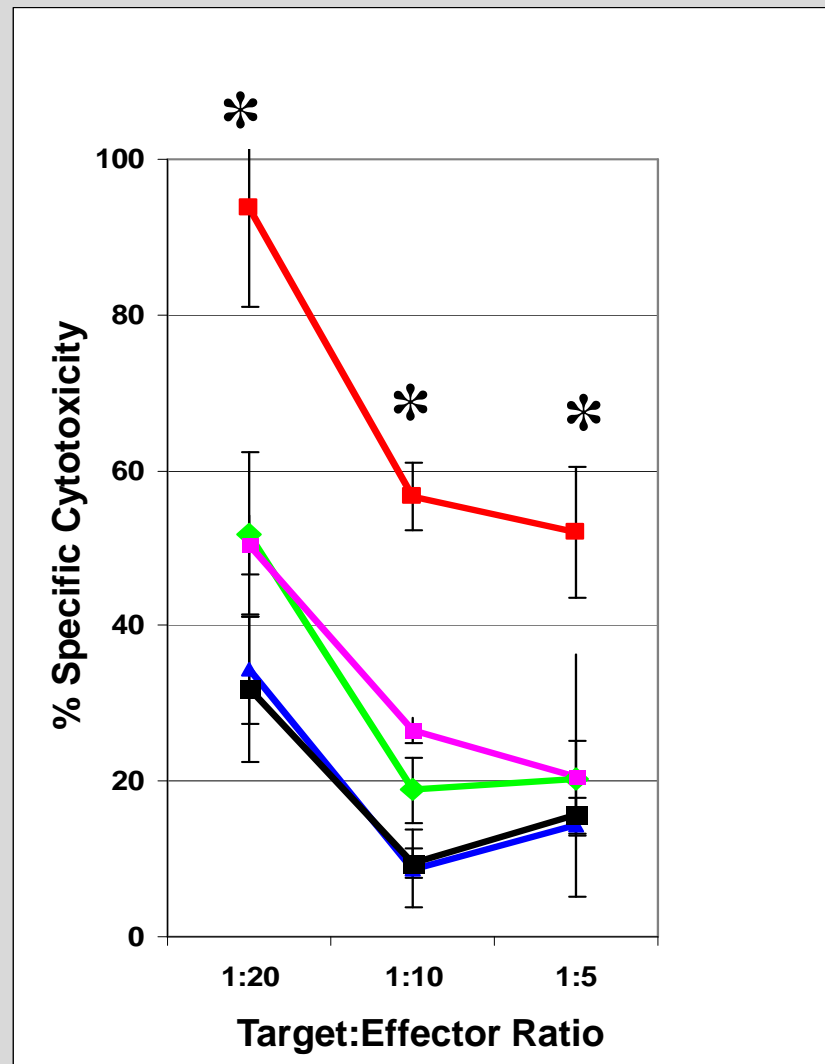
Department of Immunology, Roswell Park Cancer Institute, Buffalo, New York, USA

Modest control of tumor growth in SCID mice by FR WBH



Burd et al., J. Cell Physiol. 1998

Thermal enhancement of NK cytotoxicity is temperature dependent



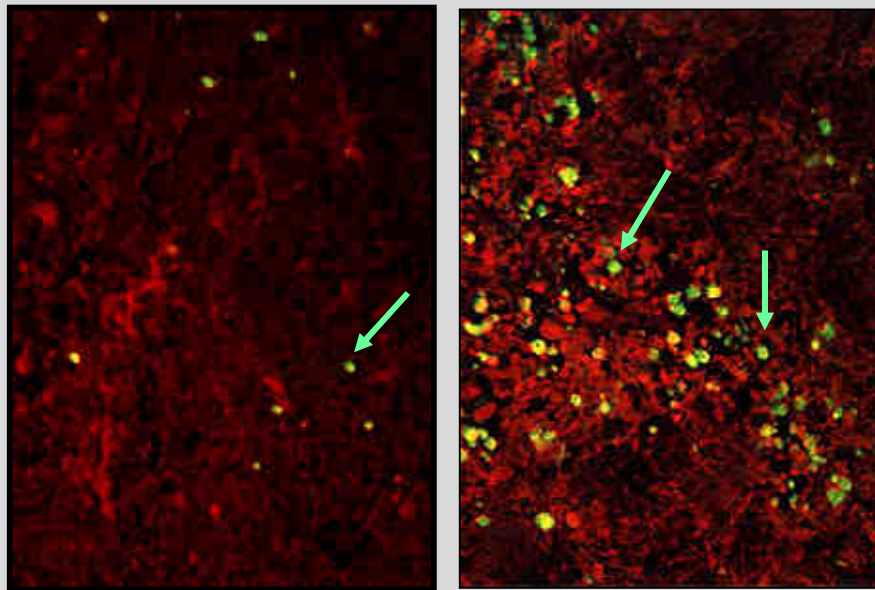
Ostberg, Dayanc et al.,
J. Leuk. Biol; 2006

33°C
37°C
38°C
39.5°C
42°C

* , p<0.05

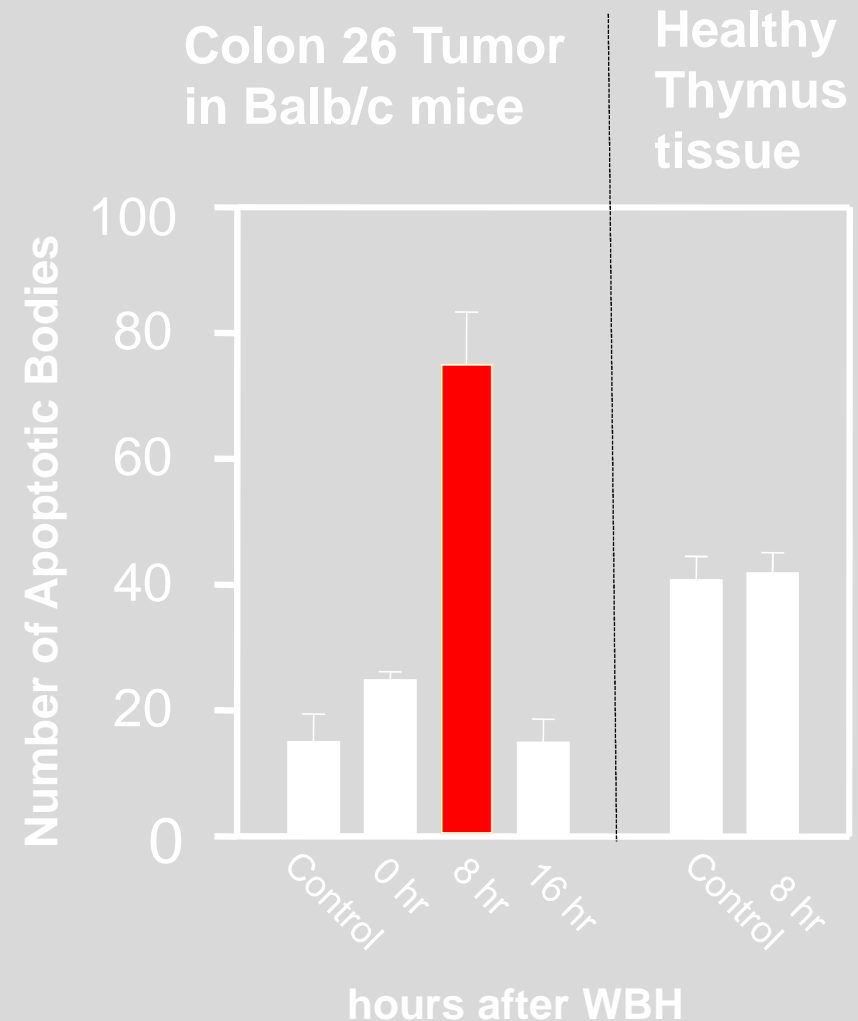
Mild, fever-range WBH results in increased apoptosis in tumor but not in normal tissues

Human breast tumor in SCID mice



Control

8 hrs post WBH

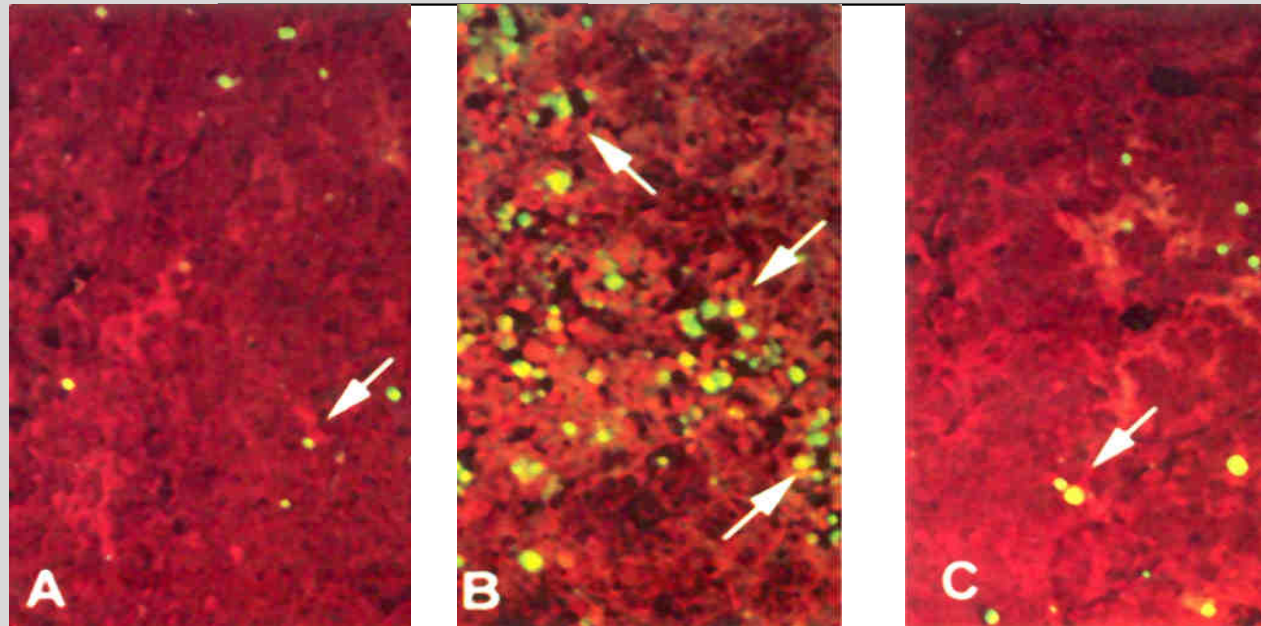


Burd, Repasky, 1998

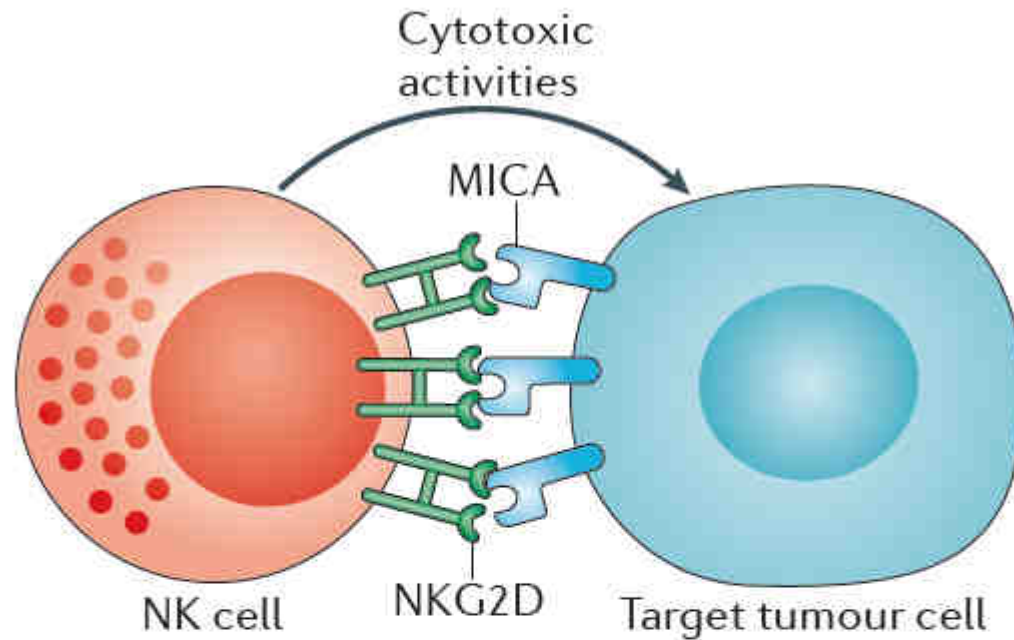
Induction of apoptosis by WBH is NK cell mediated

Human breast tumours were implanted into the gonadal fat pad of SCI mice, and apoptotic cells (arrows) were visualized in paraffin sections using the TUNEL method.

- A:** Tumour from a mouse not treated with 8 hr of whole body hyperthermia (WBH).
- B:** Tumour from a mouse treated with 8 hr of WBH.
- C:** Tumour from a mouse in which NK cell activity was depleted before 8 hr of WBH treatment.



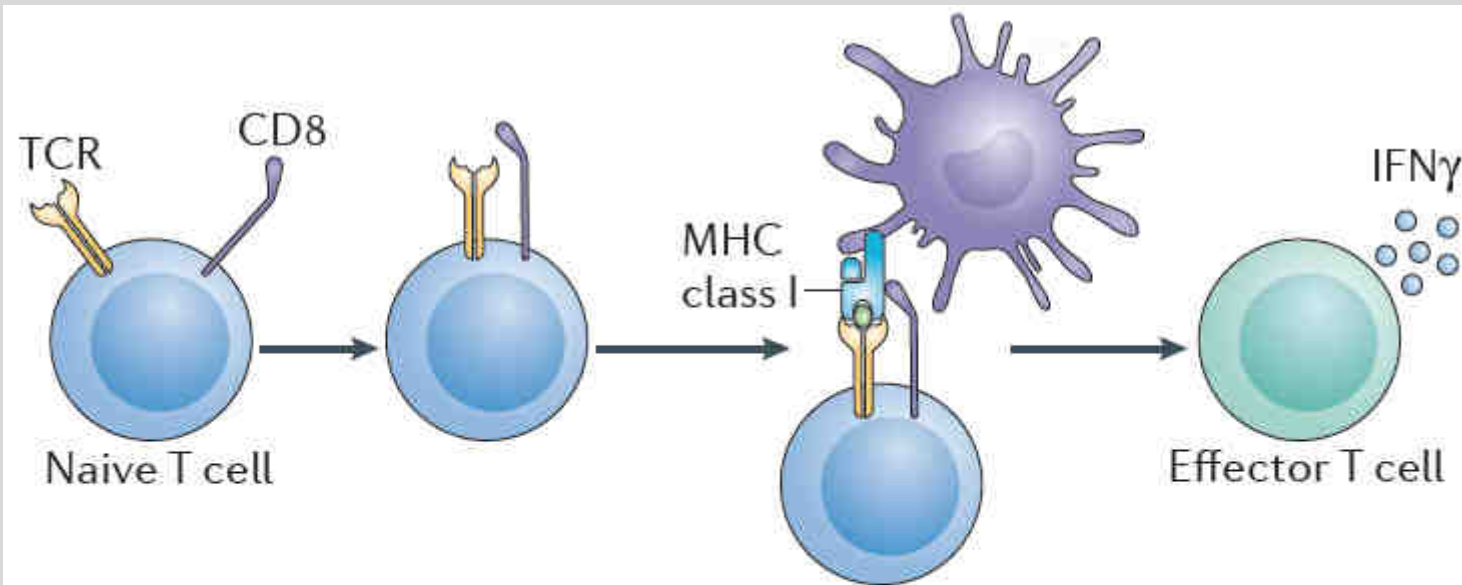
angeborenes Immunsystem



Heat-sensitive activities

- MICA upregulation on target tumour cells
- NKG2D clustering on NK cells

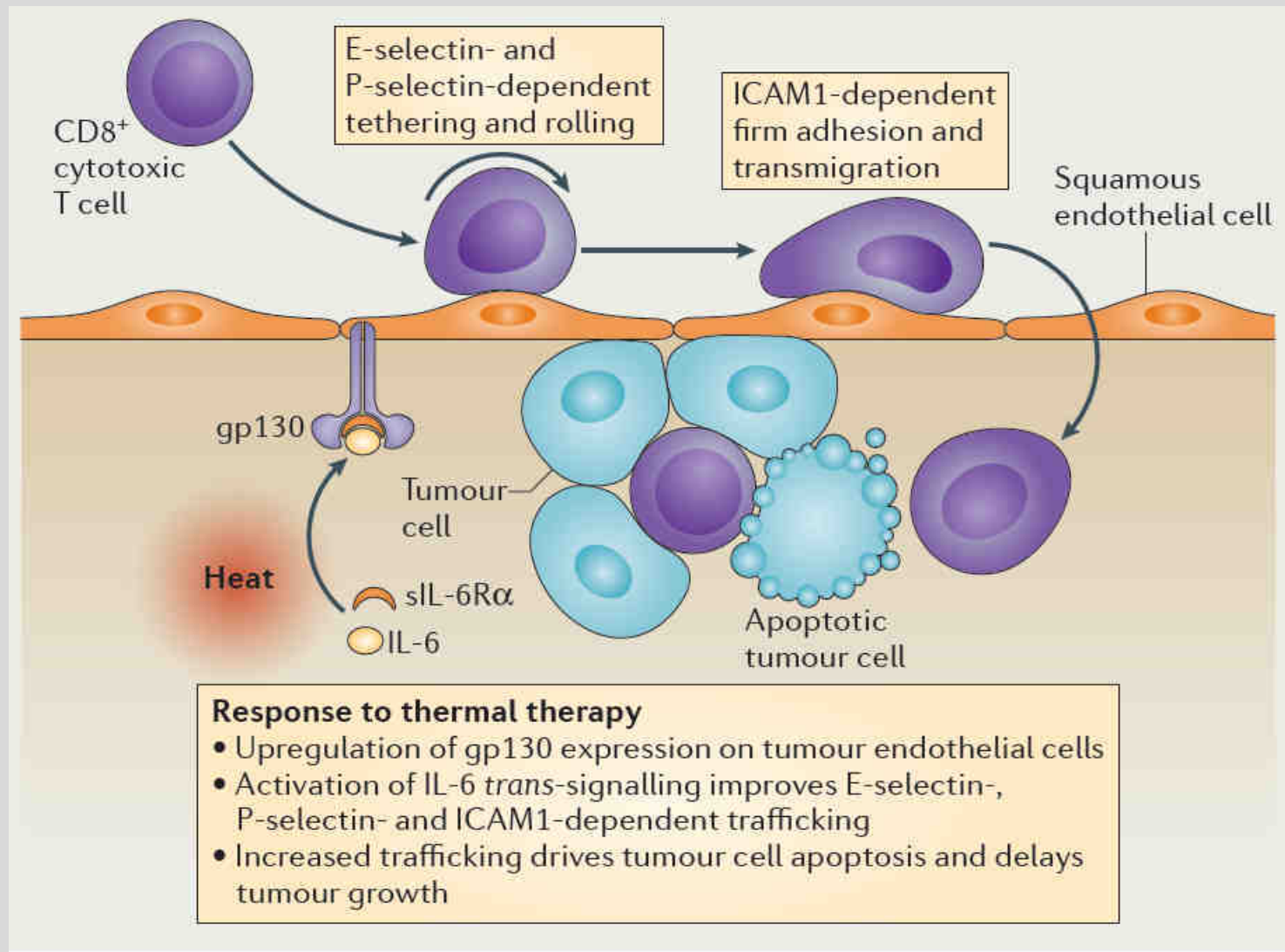
erworbenes Immunsystem



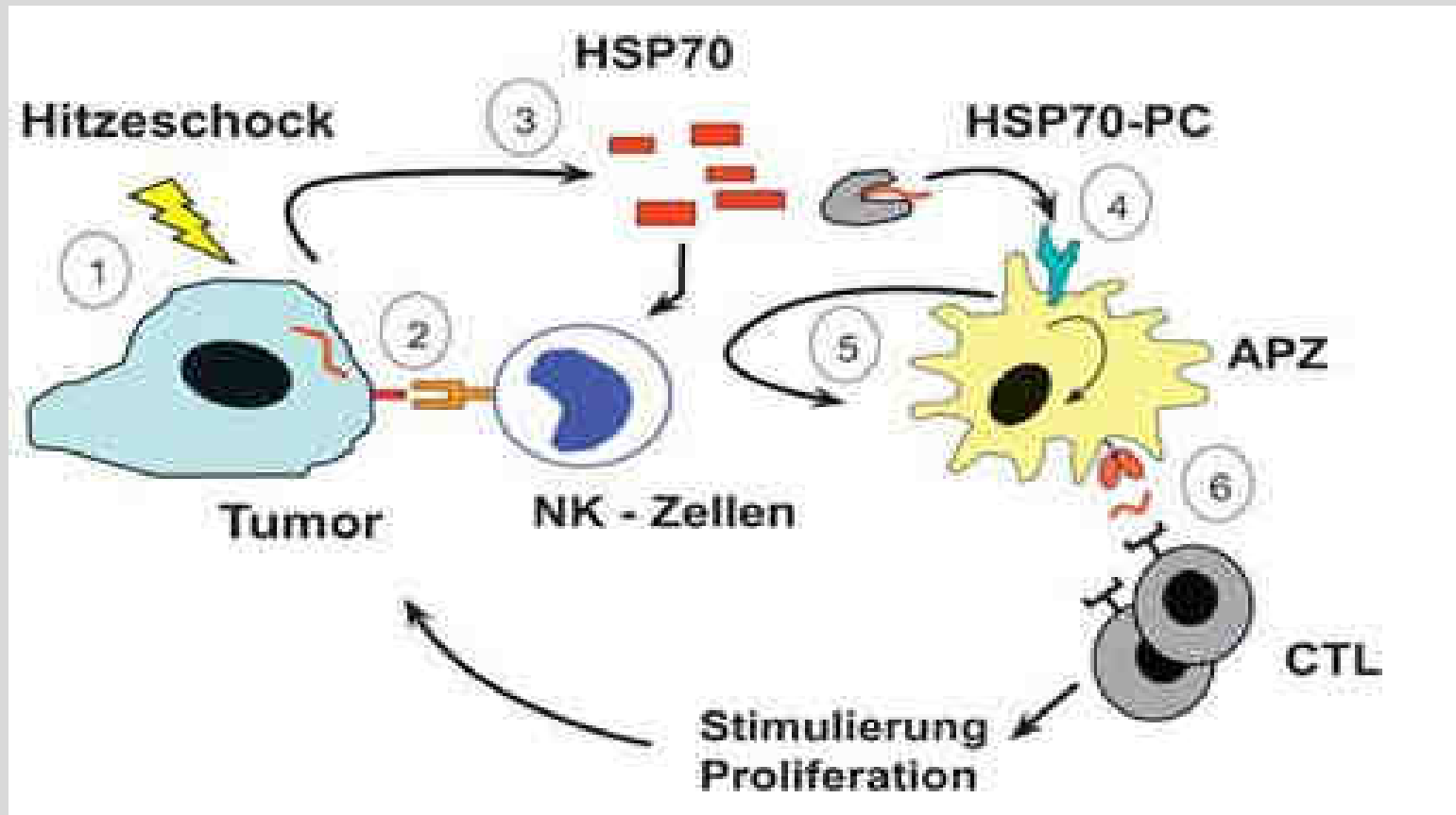
Heat-sensitive activities

- Pre-association of the TCR signalling complex
- Increased number and duration of T cell–APC interactions
- Enhanced generation of effector T cells (L-selectin loss, IFN γ production and cytotoxic activity)

Wanderung der Immunzellen aus den Blutgefäßen zum Tumor

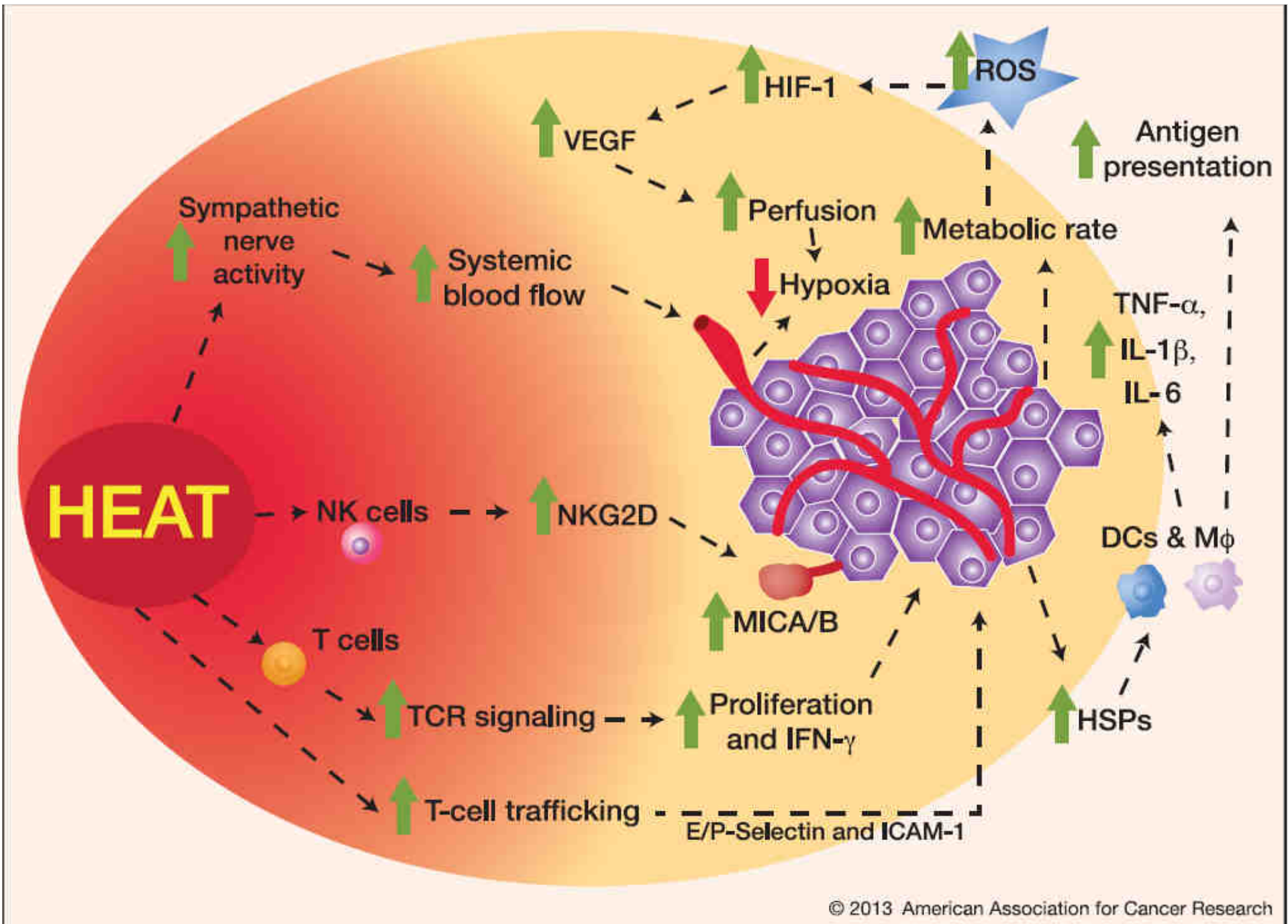


Doppelcharakter der Hitzeschock-Proteine (HSP)

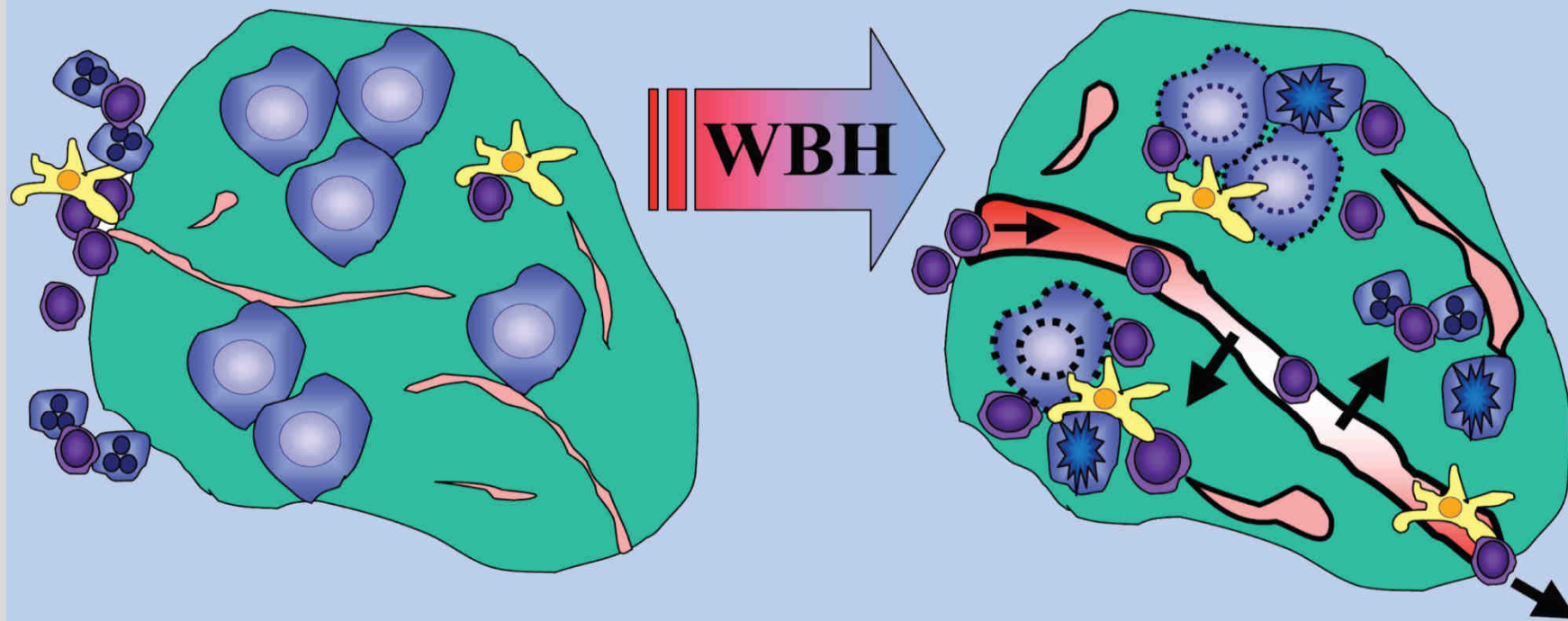


in der Zelle: Thermotoleranz

außerhalb der Zelle: immunaktivierendes „danger signal“



© 2013 American Association for Cancer Research



Synergistic effect of whole body hyperthermia (WBH) in antitumor immune response, by:

- (1) Increased access of immune cells to the tumor bed through improved perfusion of compressed blood vessels facilitating immune cell entry and exit to draining lymph nodes, and increased function and expression of adhesion molecules regulating lymphocyte homing and trafficking to the tumor microenvironment.
- (2) Increased tumor cell killing through immune sensitization of tumor cells and enhanced immune effector activity by increased expression of heat stress-induced immune cell recognition targets on tumor cells (HSP70) and increased immune cell maturation, activation, and cytotoxic activity.

Fever-range whole body thermotherapy combined with oxaliplatin: A curative regimen in a pre-clinical breast cancer model

R. WANDA ROWE¹, FREDERICK R. STREBEL¹, JESSE M. PROETT¹,
WANLENG DENG¹, DIANA CHAN¹, GUANGAN HE², ZAHID SIDDIK², &
JOAN M. C. BULL¹

¹University of Texas Medical School, Division of Oncology, Houston, Texas, and ²M.D. Anderson Cancer, Department of Experimental Therapeutics, Houston, Texas, USA

(Received 28 February 2010; Revised 28 March 2010; Accepted 1 April 2010)

Abstract

Purpose: Studies were conducted to test whether fever-range whole body thermal therapy would boost the efficacy of oxaliplatin chemotherapy without substantial toxicity.

Materials and methods: The effect of mild heat (40°C) on oxaliplatin cytotoxicity, cellular uptake, and platinum-DNA adduct formation was studied in vitro using the MTLn3 tumour cell line. In vivo oxaliplatin was administered at various doses and times before, during and after fever-range thermal therapy (6 h at 40°C) to rats bearing an MTLn3 mammary adenocarcinoma. Tumour growth, survival, and toxicity were measured to determine treatment outcome.

Results: Heating halved the oxaliplatin IC-50 dose for MTLn3 cells. Cellular uptake of platinum and platinum adducts increased by 34% and 36%, respectively, with heat. In vivo, 50% of all rats given 10 mg/kg oxaliplatin 24 h before thermal therapy were completely immunologically cured, while a further 11% regressed their primary tumour but ultimately succumbed to metastases, and 17% experienced a limited response with increased survival. The curative response occurred only in a narrow range of doses, with most cures at 10 mg/kg. Thermochemotherapy-treated, but uncured, animals had delayed incidence and slowed growth of metastases. Anti-tumour efficacy was greatest, and toxicity was least, when oxaliplatin was administered 12 or 24 h before fever-range whole body thermal therapy.

Conclusions: When properly dosed and scheduled, oxaliplatin thermochemotherapy achieved permanent eradication of all primary and metastatic tumours in 50% of animals, seemingly through an immune response. Successful clinical translation of this protocol would yield hitherto unseen cures and substantial improvement in quality of life.

Keywords: breast cancer, cell death, hyperthermia, immune stimulation, low dose chemotherapy, oxaliplatin, schedule, thermal therapy, thermochemotherapy, tumour cure

- FEVER-RANGE WHOLE-BODY THERMAL THERAPY ENHANCEMENT OF OXALIPLATIN EFFICACY *IN VIVO* IS SCHEDULE-DEPENDENT**

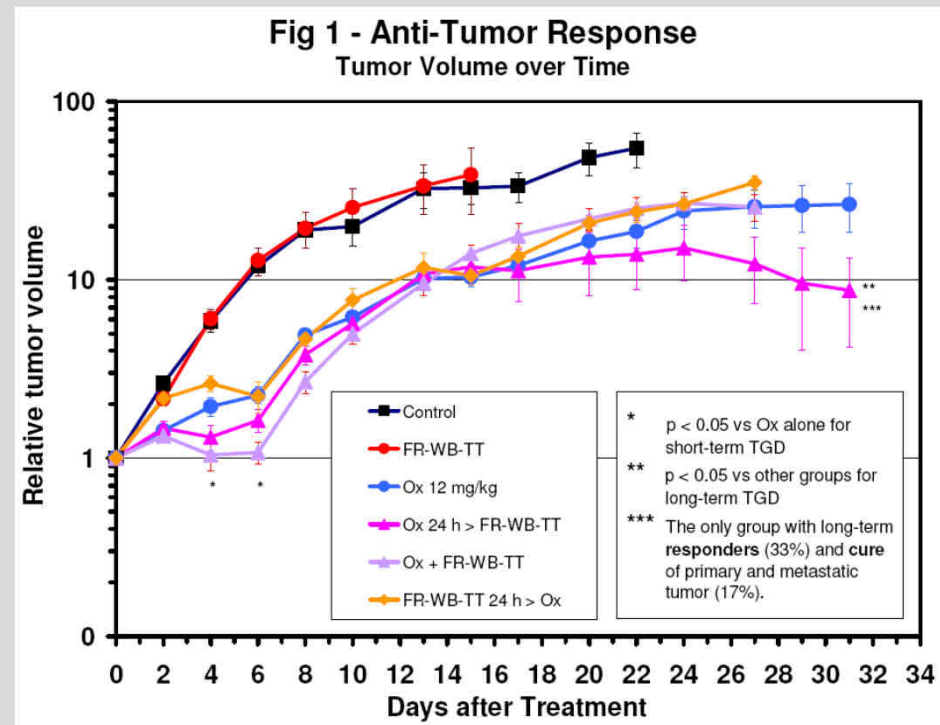
- Frederick R. Strebler, Jesse M. Proett, R. Wanda Rowe, Wanleng Deng, and Joan M.C. Bull
 - Division of Oncology, University of Texas Medical School, Houston, TX*

Anti-tumor Response:

Ox-induced tumor growth delay was enhanced by combined Ox + FR-WB-TT for all sequencing schedules tested, compared to controls (Fig 1).

An early decrease in mean RTV, followed by tumor re-growth occurred with Ox before, during, and after FR-WB-TT (TT).

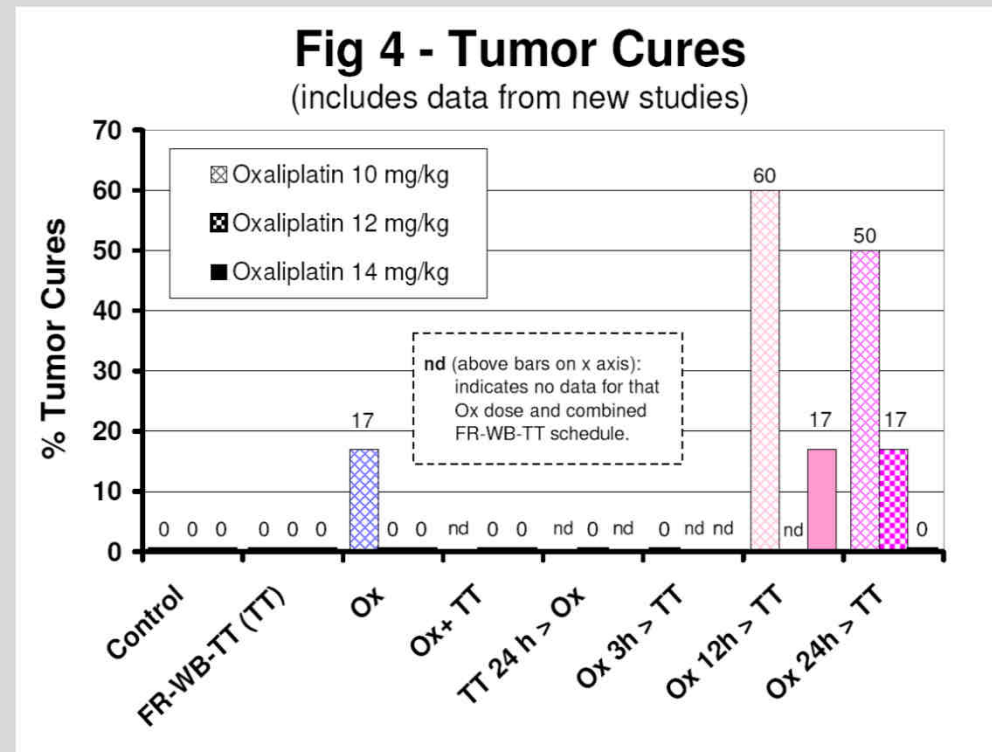
Ox before FR-WB-TT additionally had a late response with mean RTV decreasing after day 24, resulting in the only tumor cure.



Tumor cure results of Oxaliplatin given **before** FR-WB-TT

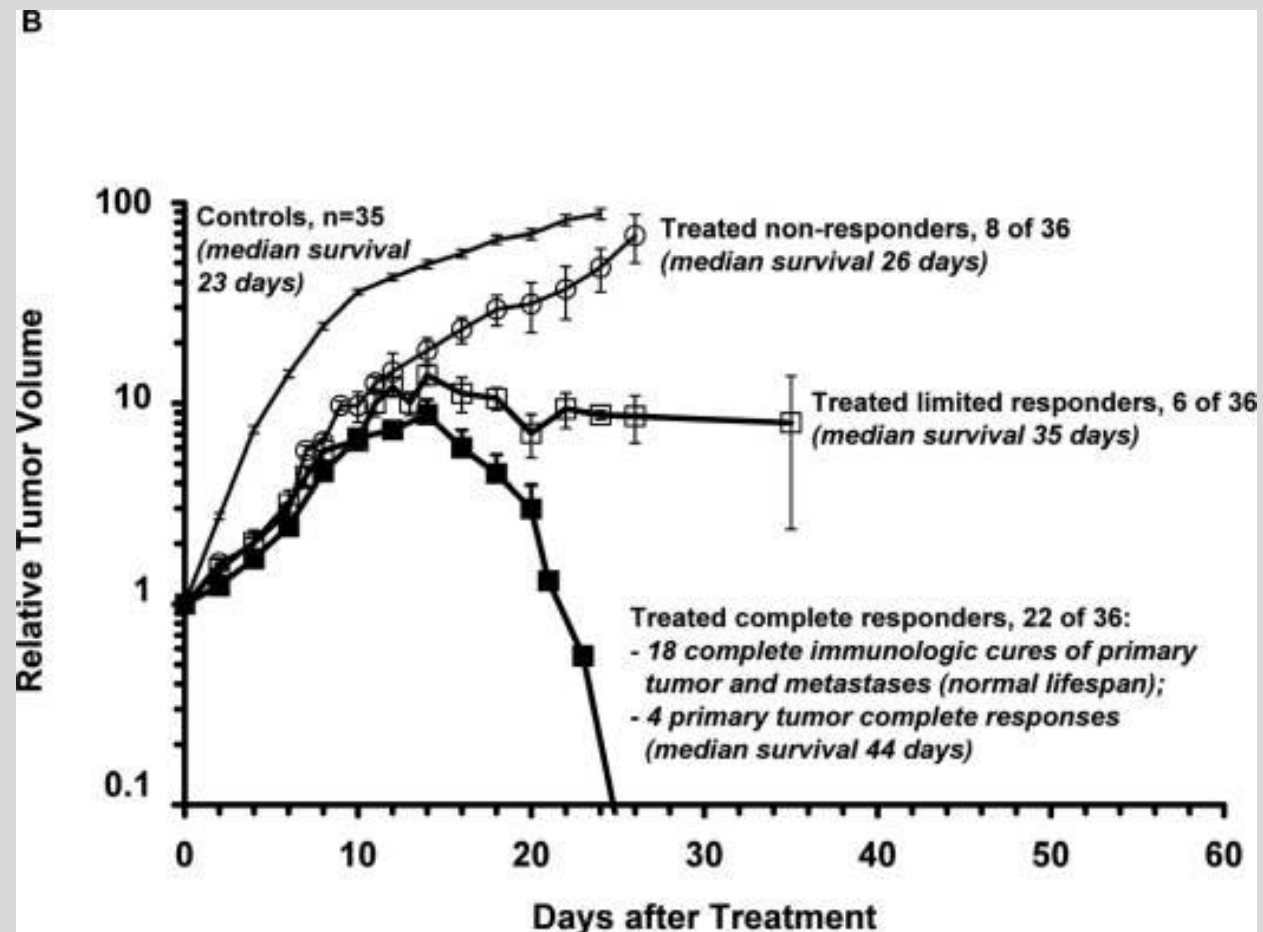
Reduced dose of Oxaliplatin (10 mg/kg BW) given 12 h or 24 h before FR-WB-TT

- early anti-tumor response was reduced
- long-term tumor control and eventual tumor **cures increased** from 17% to **60%** or **50%**
- **Rats** that were **cured** and **tumor free** for 90 days or more
- **completely rejected tumor re-challenge** with MTLn3 tumor cells



➤FR-WB-TT combined with sub-MTD Oxaliplatin can achieve lasting, immunological, cures in a model of advanced breast cancer.

➤Cures are accompanied by increased CD8⁺ cell proliferation and activation; these properties may be predictive of thermo-chemotherapy outcome.



[Display Settings:](#) Abstract[Send to:](#)

Oncoimmunology. 2014 Jan 1;3(1):e27878. Epub 2014 Mar 1.

Trial Watch: Chemotherapy with immunogenic cell death inducers.

Vacchelli E¹, Aranda F¹, Eggermont A², Galon J³, Sautès-Fridman C⁴, Cremer I⁴, Zitvogel L⁵, Kroemer G⁶, Galluzzi L⁷.

Author information

Abstract

Accumulating evidence suggests that the clinical efficacy of selected anticancer drugs, including conventional chemotherapeutics as well as targeted anticancer agents, originates (at least in part) from their ability to elicit a novel or reinstate a pre-existing tumor-specific immune response. One of the mechanisms whereby chemotherapy can stimulate the immune system to recognize and destroy malignant cells is commonly known as immunogenic cell death (ICD). Cancer cells succumbing to ICD are de facto converted into an anticancer vaccine and as such elicit an adaptive immune response. Several common chemotherapeutics share the ability of triggering ICD, as demonstrated in vaccination experiments relying on immunocompetent mice and syngeneic cancer cells. A large number of ongoing clinical trials involve such ICD inducers, often (but not always) as they are part of the gold standard therapeutic approach against specific neoplasms. In this Trial Watch, we summarize the latest advances on the use of cyclophosphamide, doxorubicin, epirubicin, oxaliplatin, and mitoxantrone in cancer patients, discussing high-impact studies that have been published during the last 13 months as well as clinical trials that have been initiated in the same period to assess the antineoplastic profile of these immunogenic drugs as off-label therapeutic interventions.

KEYWORDS: ATP, HMGB1, autophagy, calreticulin, dendritic cells, epothilone B

PMID: 24800173 [PubMed] PMCID: PMC4008470 [Available on 2015/1/1]

Proposed mechanism of action:

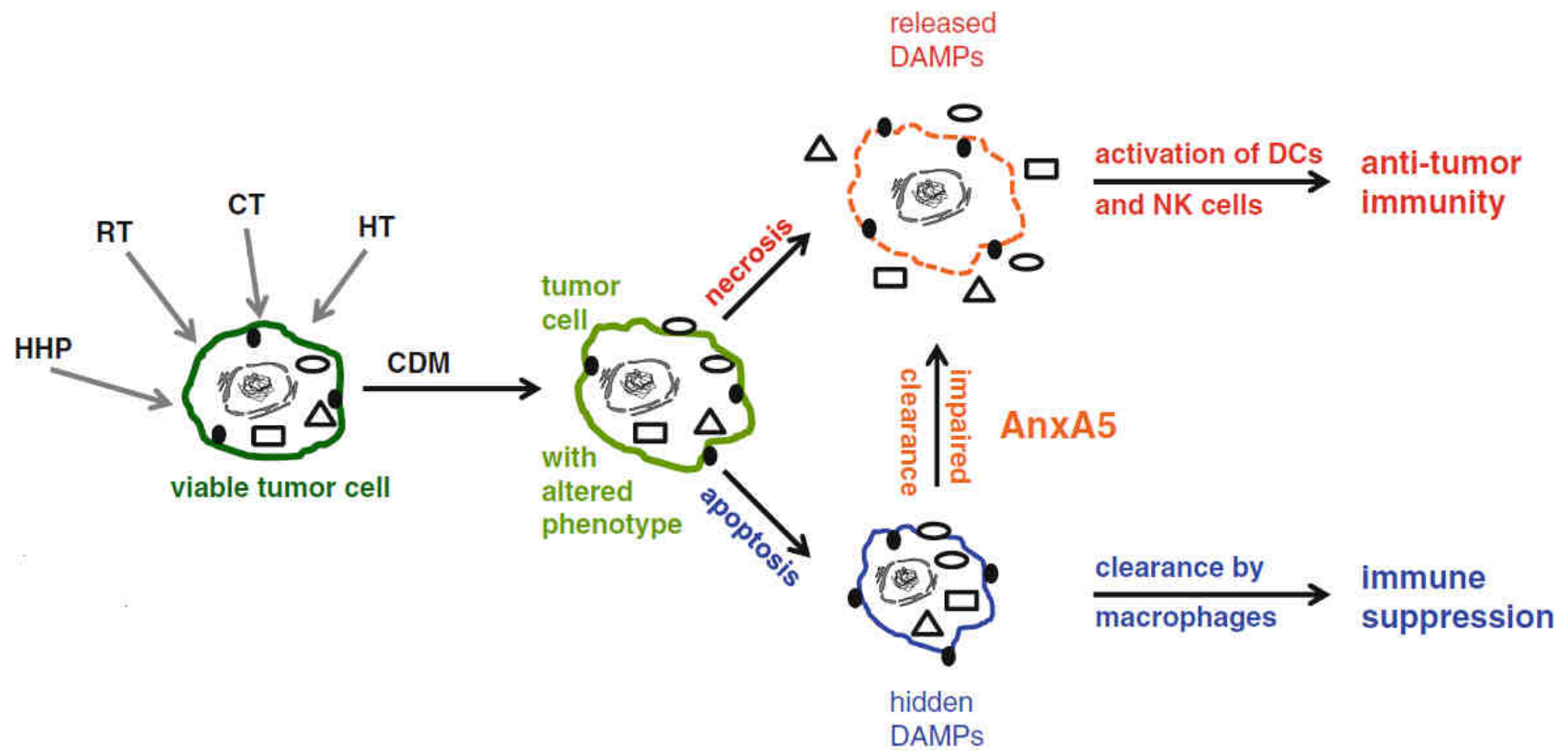
ICD – Immunogenic Cell Death induced by chemotherapy

A series of immunogenic signals delivered by tumor cells undergoing ICD stimulates DCs to take up antigens from dying tumor cells.

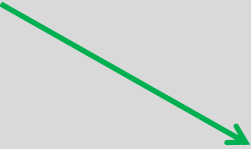
“Cancer cells succumbing to ICD are de facto converted into an anticancer vaccine and as such elicit an adaptive immune response.”

But:

This specific immune effect is considerably counteracted by the general immune-suppressive effect of chemotherapy.



Immunogenic Cell Death inducing chemotherapy

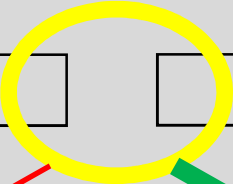


General immune suppression
Toxicity

specific immune stimulation

Reduction of dosage to 50 -70 %

FR WBH 12 – 24 h after



General immune suppression
Toxicity

specific immune stimulation

Immunogenic cell death inducing radiotherapy

Cancer Immunol Immunother
DOI 10.1007/s00262-013-1474-y

FOCUSSED RESEARCH REVIEW

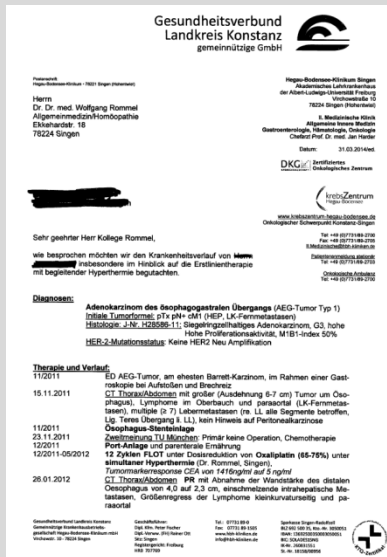
Antitumor immune responses induced by ionizing irradiation and further immune stimulation

**Benjamin Frey · Yvonne Rubner · Lorenz Kulzer ·
Nina Werthmüller · Eva-Maria Weiss · Rainer Fietkau ·
Udo S. Gaipl**

ICD inducing chemotherapeutics as to Kroemer / Zitvogel:

- Cyclophosphamide
- Doxorubicin
- Epirubicin
- Mitoxantrone
- Oxaliplatin → *pre-clinical evidence with FR WBH*

Clinical research and experiences



Male, 34 years
 Oesophagus-CA Type AEG I,
 Primary tumour Ø 6-7cm
 Distant lymphnode metastasis
 Large liver metastasis
 Inoperable

→ palliative chemotherapy

12 cycles FLOT (5-FU, Oxaliplatin, Docetaxel)
 Oxaliplatin reduced to 65-75%
 1 day after chemotherapy FR WBH (3hr > 39°C)

CEA: 1416 ng/ml → 5 ng/ml
 PR (8 months), best Quality of Life

Oxaliplatin-related side effect (polyneuropathic) did not occur till the end of all scheduled cycles.
Nevertheless the protocol was changed to Folfiri after the expiry of the normal MTD of Ox.

EFFECT ↗
 SIDE EFFECT ↘

Same clinic:

- 1 large CCC, inoperable
- 1 stomach cancer with peritoneal metastasis, inoperable
- 1 metastatic rectal cancer („fourth line therapy“)

All of them much better response than expected...

Suggested therapy protocol 1

Oesophagus / Stomach / Colon – immunogenic cell death inducing chemotherapy

FR WBH (2-3hr > 39°C) 1 day after chemo (Ox 55 – 70%)

→ Anti-tumor effect by combination of antitumour cytotoxicity and immune response

Suggested therapy protocol 2

all tumours

FR WBH (1-3hr > 39°C) in the chemo break

→ Immune recovery; stabilization; decrease of side-effects (fatigue, polyneuropathy...)

Suggested therapy protocol 3

Peripheral tumours (e.g. head&neck)

FR WBH (1,5 - 2hr > 39°C) 1 day before radiotherapy resp. parallel to radiotherapy

→ Increase of tumour oxygenation, decrease of IFP

Suggested therapy protocol 4

all tumours after curative treatment

**FR WBH (1 - 2hr > 39°C) asap after surgery (ca. 3 weeks),
either 6-10 trmts. 1-2x/week or 10-x treatm. 1x/month or 1 day after adjuvant chemo**

→ Decrease of risk of recurrence by stimulation of anti-tumour immune response

Oncological Studies at Universities

Phase I/II studies at Roswell Park Cancer Institute Buffalo, E Repasky, W Kraybill

Phase 1- Study of Fever-Range Whole-Body Hyperthermia in Patients with Advanced Solid Tumours

⇒ Int J Hyperthermia, 2002, VOL.18, NO.3

Phase 1- Study of Doxil with Long Term Low Level WBH

⇒ Abstract STM 2007

INT. J. HYPERTHERMIA, 2002, VOL. 18, NO. 3, 253–266



A phase I study of fever-range whole body hyperthermia (FR-WBH) in patients with advanced solid tumours: correlation with mouse models

W. G. KRAYBILL†*, T. OLENKI¶, S. S. EVANS‡, J. R. OSTBERG‡,
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(Received 7 May 2001; revised 19 September 2001; accepted 8 November 2001)

Various studies in animal tumour models have revealed the potential of fever-range whole body hyperthermia (FR-WBH) to be used in cancer therapy. To determine the safety of FR-WBH treatment in the clinic, patients with advanced solid tumours were heated in the out-

Oncological Studies at Universities

Phase I/II studies at Univ. of Texas, Medical School at Houston, JM Bull

FR-WBH + Cisplatin (CIS) + Gemcitabine (GEM) + Metronomic, Low-Dose Interferon-alpha

CIS 24h before FR WBH/GEM

Running protocol with various tumor entities, mainly pancreatic cancer

⇒ Int J Hyperthermia, Dec 2008

Int. J. Hyperthermia, 2008, 1-14, iFirst

informa
healthcare

Fever-range whole-body thermal therapy combined with cisplatin, gemcitabine, and daily interferon- α : A description of a phase I-II protocol

JOAN M. C. BULL¹, GLENNA L. SCOTT⁴, FREDERICK R. STREBEL¹,
VERNE L. NAGLE¹, DWIGHT OLIVER², MICHAEL REDWINE³,
R. WANDA ROWE¹, CHUL W. AHN⁴, & STEVEN M. KOCH⁵

¹The Division of Oncology, ²The Department of Pathology & Laboratory Medicine, ³The Department of Radiology,
⁴The University Clinical Research Center and ⁵The Department of Anesthesia and Critical Care,
The University of Texas Medical School at Houston, Houston, TX, USA

(Received 11 April 2007; revised 2 April 2008; accepted 4 April 2008)

FR-WBH: Heckel Radiant Heat Device

Cisplatin 50-90 mg/m² (escalating dose)

Gemcitabine 60 mg/m² over 60 minutes

Interferon- α (IFN- α) 1 x 10⁶ I.U. s.c. daily

GM-CSF (Leukine)

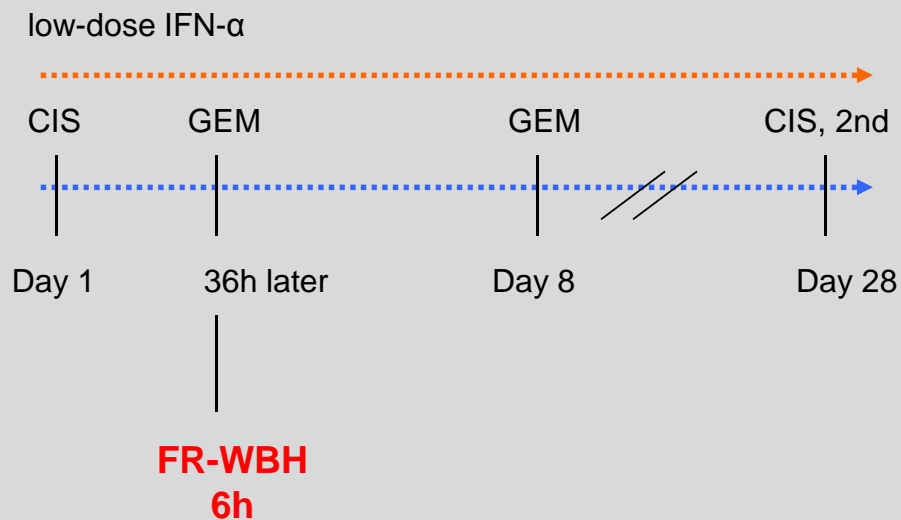


Table I. Tumor diagnosis of individual patients, age, sex, race, stage, number of treatment cycles, response, time to tumor progression (duration in months), and prior therapy

Diagnosis	Age	M/F	Race*	Stage	No. of cycles	Response	Duration (months)	Prior therapy
Pancreas	57	F	C	IV	3	PD	-	none
	62	F	C	III	3**	PR	9	gemcitabine, carboplatin
	74	F	AA	IV	2	PR	10	cisplatin/gemcitabine,
	64	M	C	III	2**	PR	6	cisplatin/gemcitabine
	61	M	C	IV	2	PR	7	radiation, gemcitabine, gene therapy
	70	F	C	IV	3	SD	4	gemcitabine
Neuroendocrine	55	M	AA	IV	3	PR	7	gemcitabine
	59	M	AA	III	2	PR	5	gemcitabine, carboplatin
	40	F	AA	IV	8	PR	10	cisplatin/gemcitabine, irinotecan
	66	F	C	IV	4	CR	42	cisplatin/etoposide, paclitaxel
	56	M	AA	IV	1	PR	4	carboplatin/paclitaxel
Gastric	63	M	C	IV	8**	PR	15	cisplatin, leuprolide, bicalutamide
	67	M	C	IV	1	PD	-	cisplatin, paclitaxel, taxotere, etoposide
	64	M	C	IV	2	PR	5	gemcitabine, capecitabine, 5-FU/irinotecan,
	47	F	H	IV	1	PD	-	Cisplatin/gemcitabine, doxorubicin
	45	M	C	IV	2	PD	-	doxorubicin/5-FU
Lung	59	M	C	IV	2	PD	-	doxorubicin, etoposide
	63	F	C	IV	1	PD	-	carboplatin/paclitaxel; vinorelbine, topotecan
	50	M	C	IV	3	PR	8	carboplatin/paclitaxel; topotecan
Colon	51	M	C	IV	3	SD	4	radiation, carboplatin/paclitaxel, vinorelbine
	46	M	AA	IV	3	PD	-	5-FU/leucovorin; capecitabine/irinotecan
	71	F	C	IV	1	PD	-	gemcitabine, carboplatin/5-FU/leucovorin, irinotecan
Breast	54	F	C	IV	2**	PR	5	radiation, oxaliplatin, capecitabine, 5-FU/levamisole
	47	F	C	IV	2	PD	4	gemcitabine, 5-FU/doxorubicin/cyclophosphamide, paclitaxel, vinorelbine, Doxil
Prostate	72	M	C	IV	1	PD	-	gemcitabine, 5-FU/doxorubicin/cyclophosphamide, paclitaxel, vinorelbine, capecitabine
	77	M	C	IV	1	SD	2	leuprolide, diethylstilbestrol, taxotere
Esophagus	73	M	C	IV	1	PD	-	radiation, gemcitabine, capecitabine, leuprolide, genetherapy, diethylstilbestrol,
	56	M	C	IV	3	PR	5	iressa/docetaxel/thalidomide
AUP*	66	F	C	IV	1	PD	-	cisplatin/5-FU
	46	F	AA	IV	1	PD	-	radiation, irinotecan,
Sarcoma	26	F	C	IV	5	PR	14	cisplatin/gemcitabine, doxorubicin/cyclophosphamide
Liver	33	M	C	IV	3	SD	5	carboplatin/paclitaxel, doxorubicin, Doxil
Hear & Neck	47	M	C	III	2**	SD	3	gemcitabine, vinblastine, thalidomide, BCNU, mesna/doxorubicin/ifosfamide/dacarbazine
Kidney	71	M	C	IV	3	SD	5	cisplatin/gemcitabine, capecitabine/doxorubicin,
Bladder	57	M	H	IV	2	SD	4	cisplatin/5-FU
Mesothelioma	78	M	C	IV	2	PD	-	gemcitabine, paclitaxel
								cisplatin, interferon-alpha
								cisplatin/paclitaxel, progesterone

*C, Caucasian; AA, African American; H, Hispanic; **adenocarcinoma unknown primary; ***treatment terminated because of 9 week facility closure for flood damage.

Table I. Tumor diagnosis of individual patients, age, sex, race, stage, number of treatment

Diagnosis	Age	M/F	Race*	Stage	No. of cycles	Response	Duration (months)
Pancreas	57	F	C	IV	3	PD	-
	62	F	C	III	3**	PR	9
	74	F	AA	IV	2	PR	10
	64	M	C	III	2**	PR	6
	61	M	C	IV	2	PR	7
	70	F	C	IV	3	SD	4
	55	M	AA	IV	3	PR	7
Neuroendocrine	59	M	AA	III	2	PR	5
	40	F	AA	IV	8	PR	10
	66	F	C	IV	4	CR	42
	56	M	AA	IV	1	PR	4
	56	M	C	IV	8**	PR	15
	63	M	C	III	5	PR	20
Gastric	67	M	C	IV	1	PD	-
	64	M	C	IV	2	PR	5
	47	F	H	IV	1	PD	-
Lung	45	M	C	IV	2	PD	-
	59	M	C	IV	2	PD	-
	63	F	C	IV	1	PD	-
Colon	50	M	C	IV	3	PR	8
	51	M	C	IV	3	SD	4
	46	M	AA	IV	3	PD	-
Breast	71	F	C	IV	1	PD	-
	54	F	C	IV	2**	PR	5
Prostate	47	F	C	IV	2	PD	4
	72	M	C	IV	1	PD	-
Esophagus	77	M	C	IV	1	SD	2
	73	M	C	IV	1	PD	-
AUP*	56	M	C	IV	3	PR	5
	66	F	C	IV	1	PD	-
Sarcoma	46	F	AA	IV	1	PD	-
Liver	26	F	C	IV	5	PR	14
Hear & Neck	33	M	C	IV	3	SD	5
Kidney	47	M	C	III	2**	SD	3
Bladder	71	M	C	IV	3	SD	5
Mesothelioma	57	M	H	IV	2	SD	4
	78	M	C	IV	2	PD	-

*C, Caucasian; AA, African American; H, Hispanic; **adenocarcinoma unknown primary; ***treatment

April 2008:

37 patients treated

(all of them in progress under standard therapy or no standard therapy available)

1 CR = 3%

15 PR = 40%

7 SD = 20%

14 PD = 37%

→ well-promising results

Oncological Studies at Universities

University Clinic of Vienna, I Sulyok, O Kimberger

Preoperative Whole-Body Hyperthermia in Patients Undergoing Major Abdominal Cancer Surgery: A Randomized Pilot Study

BJA Advance Access published July 31, 2012

British Journal of Anaesthesia Page 1 of 8
doi:10.1093/bja/aes248

BJA

Effect of preoperative fever-range whole-body hyperthermia on immunological markers in patients undergoing colorectal cancer surgery[†]

I. Sulyok¹, E. Fleischmann¹, A. Stift², G. Roth^{1,3}, D. Leberherz-Eichinger^{1,3}, D. Kasper⁴, A. Spittler⁵ and O. Kimberger^{1*}

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Editor's key points

- Therapeutic hyperthermia might have

Background. Previous studies have demonstrated beneficial immunological effects of fever-range whole-body hyperthermia (FR-WBH) as an adjunct to non-surgical cancer therapy. We conducted a study of preoperative FR-WBH in patients undergoing colorectal cancer surgery to evaluate perioperative, hyperthermia-induced immunomodulation.



Fever-range whole-body heat treatment stimulates antigen-specific T-cell responses in humans



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T cell

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IFN- γ

IL-2

ABSTRACT

Increase in body temperature has been thought to play an important role in the regulation of immune responses, although its precise mechanisms are still under investigation. Here, we examined the effects of physiologically relevant thermal stress on the cytokine production from human peripheral T cells. Volunteers were heated using a whole-body hyperthermia device, the rectal temperature was maintained above 38.5°C for more than 60 min, and peripheral blood mononuclear cells (PBMCs) were obtained before and after the treatment. When T cells were stimulated with anti-CD3/CD28 antibodies, marked increases in the production of interferon- γ (IFN- γ) and interleukin-2 were observed in PBMCs prepared immediately after and 24 h after the treatment. Similarly, enhanced production of IFN- γ in response to the tuberculin purified protein derivative or antigenic viral peptides was also observed immediately after and 24 h after the treatment. Fluorescence photo-bleaching analyses showed heat-induced increase of membrane fluidity in T cells, which probably enables them to induce rapid and efficient cluster formation of molecules involved in antigen recognition and signal transduction for T-cell stimulation. We concluded that physiologically relevant thermal stress could efficiently modify T-cell responsiveness to various stimuli, including enhanced responses to specific antigens.

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Successful Treatment of Advanced Ovarian Cancer with Thermochemotherapy and Adjuvant Immune Therapy

R. Kleef S. Kekic N. Ludwig

Dr. Kleef – Hyperthermie, Stiftung Integrative Onkologie, Vienna, Austria

Dr. Stephan Wey, Lauf:

Since 2002 adjuvant treatment of 63 patients after curative therapy to minimize the risk of recurrences (1x/month, number of trmts: 3-14)

Evaluation 09/2012:

- 59 patients NED (No Evidence of Disease).

Body Warming in Improving Blood Flow and Oxygen Delivery to Tumors in Patients With Cancer

This study is currently recruiting participants. (see [Contacts and Locations](#))

Verified April 2015 by Roswell Park Cancer Institute

Sponsor:

Roswell Park Cancer Institute

Collaborators:

National Cancer Institute (NCI)
Braun Foundation

Information provided by (Responsible Party):

Roswell Park Cancer Institute

ClinicalTrials.gov Identifier:

NCT01896778

First received: July 8, 2013

Last updated: April 23, 2015

Last verified: April 2015

[History of Changes](#)

Full Text View

Tabular View

No Study Results Posted

Disclaimer:

How to Read a Study Record

Purpose

This randomized pilot clinical trial studies **body warming** in improving blood flow and oxygen delivery to tumors in patients with cancer. Heating tumor cells to several degrees above normal **body** temperature may kill tumor cells.

Condition	Intervention
Adult Primary Liver Cancer Breast Cancer Colon Cancer Head and Neck Cancer Kidney Tumor Lung Cancer Malignant Neoplasm Melanoma Ovarian Neoplasm Soft Tissue Sarcoma	Procedure: hyperthermia treatment Other: laboratory biomarker analysis

Study Type: Interventional

Study Design: Allocation: Randomized

Endpoint Classification: Efficacy Study

Intervention Model: Parallel Assignment

Masking: Open Label

Primary Purpose: Basic Science

Official Title: **Body Warming** to Alter [Thermo] Regulation and the Microenvironment [B-WARM] Therapy: A Pilot Study

Treatment of chronic inflammatory diseases by fever-range WBH

e.g. chronic sinu-bronchitis, sinu-broncho-pulmonal syndrom,
endogene asthma bronchialis, colitis ulcerosa, osteomyelitis, neurodermitis,
psoriasis, acne

Chronic inflammatory processes show a local dysregulation of the immune system. Because of the huge number of different inflammatory and immune molecules it is difficult (or very expensive) to make a specific drug therapy.

The **regulative systemic effect of a WBH** provides an activating push to the immune system and stops the blockade of a too high or too low activity of the immune system.

Mild Hyperthermia for orthopedic diseases

- Arthrosis, Fibromyalgia, low-back pain,
- Morbus Bechterew
 - relaxation of deep-seated muscles
 - improved blood perfusion of bradytrophic tissue

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PLoS One. 2015 Mar 20;10(3):e0120327. doi: 10.1371/journal.pone.0120327. eCollection 2015.

Defining immunological impact and therapeutic benefit of mild heating in a murine model of arthritis.

Lee CT¹, Kokotus KM¹, Leigh ND¹, Capitano M¹, Hylander BL¹, Repasky EA¹.

Author information

Abstract
Traditional treatments, including a variety of thermal therapies have been known since ancient times to provide relief from rheumatoid arthritis (RA) symptoms. However, a general absence of information on how heating affects molecular or immunological targets relevant to RA has limited heat treatment (HT) to the category of treatments known as "alternative therapies". In this study, we evaluated the effectiveness of mild HT in a collagen-induced arthritis (CIA) model which has been used in many previous studies to evaluate newer pharmacological approaches for the treatment of RA, and tested whether inflammatory immune activity was altered. We also compared the effect of HT to methotrexate, a well characterized pharmacological treatment for RA. CIA mice were treated with either a single HT for several hours or daily 30 minute HT. Disease progression and macrophage infiltration were evaluated. We found that both HT regimens significantly reduced arthritis disease severity and macrophage infiltration into inflamed joints. Surprisingly, HT was as efficient as methotrexate in controlling disease progression. At the molecular level, HT suppressed TNF- α while increasing production of IL-10. We also observed an induction of HSP70 and a reduction in both NF- κ B and HIF-1 α in inflamed tissues. Additionally, using activated macrophages in vitro, we found that HT reduced production of pro-inflammatory cytokines, an effect which is correlated to induction of HSF-1 and HSP70 and inhibition of NF- κ B and STAT activation. Our findings demonstrate a significant therapeutic benefit of HT in controlling arthritis progression in a clinically relevant mouse model, with an efficacy similar to methotrexate. Mechanistically, HT targets highly relevant anti-inflammatory pathways which strongly support its increased study for use in clinical trials for RA.

PMID: 25793532 [PubMed - in process] PMCID: PMC4368208 **Free PMC Article**

Images from this publication. [See all images \(6\)](#) [Free text](#)

WBH

6h, 2x/week or 30min, 5x/week:

- significantly reduced arthritis disease severity and macrophage infiltration into inflamed joints
- as efficient as methotrexate in controlling disease progression
- suppressed TNF- α while increasing production of IL-10
- induced HSP70
- reduced in both NF- κ B and HIF-1 α in inflamed tissues

Pilotstudy 6 AS patients and 6 healthy volunteers

University of Graz, Austria, Dept. of Rheumatology
Zauner D et al, not yet published

1 single treatment

1h heating up to 39°C, 1h plateau

Blood samples before WBH, at 39°C, 1h, 2h, 3h, 24h after ?

Increase of neutrophile granulocytes
Decrease of T-Lymphocytes and NK-cells

No change of
CRP, Alpha-1-Antitrypsin, Haptoglobin, Transferrin, C3, C4
IFN-gamma, IL-12, TNF-alpha, sIL-2R, IL-6, IL-10, IL-1beta

Significant increase of IL-10, TLR4, HSPB1 mRNA

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<http://informahealthcare.com/ijh>
ISSN: 0265-6736 (print), 1464-5157 (electronic)
Int. J. Hyperthermia, 2014; 30(6): 393-401
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healthcare

RESEARCH ARTICLE

Whole body hyperthermia treatment increases interleukin 10 and toll-like receptor 4 expression in patients with ankylosing spondylitis: A pilot study

Dorothea Zauner^{1,2}, Franz Quehenberger³, Josef Hermann¹, Christian Dejaco¹, Martin H. Stradner¹, Tatjana Stojakovic⁴, Hannes Angerer^{1,2}, Beate Rinner⁵, and Winfried B. Graninger⁶

¹Department of Rheumatology and Immunology, Medical University, Graz; ²Department of Rheumatology and Orthopaedics, Styrian Health Insurance Ambulatory (SIGKK), Graz; ³Institute of Medical Informatics, Statistics and Documentation, Medical University, Graz; ⁴Clinical Institute of Medical and Chemical Laboratory Diagnostics, Medical University, Graz, and ⁵Centre for Medical Research, Medical University, Graz, Austria

Abstract
Purpose Exposure to increased environmental temperatures is commonly used as a non-pharmacological treatment modality in ankylosing spondylitis (AS). We aimed to investigate systemic immunological effects of moderate whole body hyperthermia in patients with AS compared to healthy control subjects. Materials and methods Ten healthy control subjects and six AS patients underwent whole body hyperthermia treatment with 38.7–39 °C body core temperature over 60 min. Numbers of polymorphonuclear leucocytes and lymphocyte subsets, plasma concentrations of several acute phase reactants and cytokines, and gene expression levels of toll-like receptor 4 (TLR-4), interleukin 10 (IL-10) and heat shock protein beta 1 (HSPB1) were determined during and up to 24 h after treatment. Results TLR-4, IL-10 and HSPB1 gene expression increased significantly up to 3 h post treatment, with an earlier, higher and more pronounced increase of IL-10 in patients with AS. An increase of natural killer cells and CD8+ T lymphocytes was noted during active heating, with a subsequent decrease up to 2 h after treatment. CD4+ T lymphocytes showed a short increase during active treatment in AS patients, while decreasing immediately after start of treatment in control subjects. Neutrophil granulocytes increased significantly up to 3 h after treatment, monocytes and B lymphocytes remained unchanged. Likewise, no significant changes were found concerning systemic cytokine concentrations and acute phase reactants. Conclusions Our data support the concept of systemic immunological effects of moderate whole body hyperthermia in patients with AS.

Keywords
Ankylosing spondylitis, cytokines, hyperthermia, physiotherapy

History
Received 16 June 2014
Revised 3 August 2014
Accepted 18 August 2014
Published online 26 September 2014

Trial record 1 of 51 for: whole body hyperthermia

[Previous Study](#) | [Return to List](#) | [Next Study](#) >

Whole Body Hyperthermia and Major Depression (MDD)

This study is currently recruiting participants. (see [Contacts and Locations](#))

Verified December 2014 by University of Arizona

Sponsor:
University of Arizona

Collaborators:
Dr. med. h.c. Erwin Braun Foundation
The Depressive and Bipolar Disorder Alternative Treatment Foundation
Brain & Behavior Research Foundation

Information provided by (Responsible Party):
University of Arizona

ClinicalTrials.gov Identifier:
NCT01625546

First received: June 19, 2012
Last updated: December 4, 2014
Last verified: December 2014
[History of Changes](#)

[Full Text View](#) | [Tabular View](#) | [No Study Results Posted](#) | [Disclaimer](#) | [How to Read a Study Record](#)

► Purpose

Major depressive disorder (MDD) is predicted to be the second leading cause of disability worldwide by the year 2020. The economic burden of depression in the United States is significant: \$63.1 billion in 2000 and increasing. Much of this burden comes from the high rate of sub-optimal treatment outcomes associated with the disorder. Indeed, only 50% of MDD patients recover in less than 12 weeks with adequate treatment, and up to 20% of patients will fail to adequately respond to all currently available interventions. Moreover, current treatments come at the cost of significant central nervous system (CNS) side effects, further highlighting the need for more effective treatments with fewer side effects. This study will compare temperature ranges from the investigators preliminary studies involving thermoafferent pathways resulting in antidepressant actions with lower temperature ranges not expected to activate these pathways as a control condition, with the goal to evaluate whether previous observations were related to the temperature range in question or can be achieved with other levels.

Condition	Intervention
Depressive Disorder, Major	Device: Whole Body Hyperthermia system

Study Type: Interventional
Study Design: Allocation: Randomized
Endpoint Classification: Efficacy Study
Intervention Model: Parallel Assignment
Masking: Single Blind (Subject)
Primary Purpose: Treatment

Official Title: Whole Body Hyperthermia and Major Depression (MDD)

Sedation

FR-WBH short duration (1-3 hr > 39°C): if necessary

Diazepam (drops)

TCM ?

FR-WBH long duration (4-6 hr), extreme WBH: mandatory

Applied drugs:

Fentanyl, DHB, Propofol

Midazolam, Lorazepam

Promethazine, Pronabinol

3.000 – 5.000 ml solution (NaCl, Ringer lactate, glucose); preheated to 41°C

Detailed information on sedation of FR-WBH long-duration available in:

9th International Congress on Hyperthermic Oncology

April 20-24, 2004-05-03 St. Louis, Missouri, USA

SCIENTIFIC PROGRAM AND ABSTRACTS, Posters: Clinical: 89

Management of Conscious Sedation for the Comfort and Control of Physiological/Hemodynamic Factors of Patients with Advanced and/or Metastatic Malignancies Undergoing Fever-Range Whole-Body Hyperthermia (FR-WBH) Thermo-Chemo-Bio-Therapy

Glenna L. Scott (Presenter), Joan M.C. Bull, and Steven Koch. The Division of Oncology and the Department of Anesthesiology, the University of Texas Medical School, 6431 Fannin, Houston, TX 77030

INT. J. HYPERTHERMIA, 2002, VOL. 18, NO. 3, 253-266

Taylor & Francis
healthsciences

A phase I study of fever-range whole body hyperthermia (FR-WBH) in patients with advanced solid tumours: correlation with mouse models

W. G. KRAYBILL^{†*}, T. OLENKI[‡], S. S. EVANS[‡], J. R. OSTBERG[‡],
K. A. O'LEARY[§], J. F. GIBBS[†] and E. A. REPASKY[‡]

[†] Division of Surgical Oncology

[‡] Department of Immunology

[§] Department of Anesthesiology and Pain Medicine, Roswell Park Cancer Institute, Buffalo, NY 14263, USA

^{*} Department of Surgery, The Taussig Cancer Center, Cleveland Clinic

Main contra-indications for WBH above ca. 38°C

- cardiac insufficiency and severe irregularity
- severe cerebral circulatory deficiency, brain tumors, brain edemas
(spasmodic conditions occurring during oncological hyperthermia may be indicative of undiscovered cerebral metastases)
- existing or impending thrombosis, anticoagulant medication
- acute infections
- advanced destructive inflammations
- erratically progressive diseases such as multiple sclerosis
- hormonal and metabolic crisis situations
- pronounced dehydration with disruptions in the balance of water and electrolytes, inability to perspire
- existing lymphedemas may be increased by vasodilatation caused by hyperthermia. A careful consideration of this risk as well as special medication is required.
- Gravity

Main side effects

relate primarily

- a) to the strain on the central thermo-regulatory system, with an elevated actual temperature being applied to the body at its temperature setpoint of 37°C and
- b) to the thermal load imposed on the areas of skin exposed to infrared radiation.

- unrest
- hyperventilation tetany
- herpes labialis
- Small burns caused by
 - neurological disorders with deficient thermosensitivity of the skin in the areas exposed to infrared radiation
 - heavy medicative sedation, analgesia or general anesthetic
 - disruption of sweat secretion
 - premedication with photo-sensitizing drugs

Thank you very much for your attention !



www.hyperthermie.de